



Welcome to the Army School of Physical Training

## Courses Planner - Pamphlet 16A

(Training Year 2017 - 2018)



### Notes / Instructions

1. This document is Version 1 dated 20 Jan 2017.
2. The tabs and links below should be used to navigate through the various sub-sections / course areas.
3. Read the instructions when completing the course application forms.
4. JIs and Nominal rolls will be uploaded on this site 1 week after bid by date, it's your responsibility to check.
5. Contents are as follows:

[Contacts](#)

[Military Cses](#)

[Sport Cses](#)

[Year Planner](#)

[Cse Information](#)

[Links](#)

Queries should be addressed to:

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Personal: ASPT-TCO@mod.uk

Training Coordination Warrant Officer

**WO2 (QMSI) J Gordon RAPTC**

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## Course Details and Course Dates for Training Year 2017/2018

### Army School of Physical Training

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#### Email Contacts:

##### All Military Courses

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##### Distributed Training Clerk

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##### Army Reserve Endurance Training Leader


WO 2 K Pitcairn

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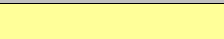
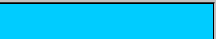




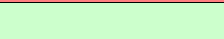



**MILITARY COURSES - AS AT 20 JAN 2017**

	PTI / PD Instructional Courses		JIs' and nominal rolls will be uploaded 1 week after bid by date.
	Reserve PTI/ETL Courses		
	RAPTC Courses		
	Orienteering		
	Educational		

Ser	Title	Start	Finish	Bid by date	Bid form	JIs	Nominal Roll	
1	All Arms PTI Cse 50	01-May-17	23-Jun-17	03-Feb-17	Bid Form	JIs	Nominal Roll	
2	All Arms PTI Cse 51	17-Jul-17	08-Sep-17	19-May-17		JIs	Nominal Roll	
3	All Arms PTI Cse 52	16-Oct-17	08-Dec-17	18-Aug-17		JIs	Nominal Roll	
4	All Arms PTI Cse 53	29-Jan-18	23-Mar-18	01-Dec-17		JIs	Nominal Roll	
5	All Arms PTI <b>Grantham 04</b>	15-May-17	06-Jul-17	17-Mar-17	Bid Form	JIs	Nominal Roll	
6	All Arms PTI <b>Grantham 05</b>	09-Oct-17	30-Nov-17	11-Aug-17		JIs	Nominal Roll	
7	All Arms PTI <b>Grantham 06</b>	15-Jan-18	08-Mar-18	17-Nov-17		JIs	Nominal Roll	
8	PTI Re-qualification <b>Grantham</b>	24-Apr-17	28-Apr-17	24-Feb-17	Bid Form	JIs	Nominal Roll	
9	PTI Re-qualification	02-Oct-17	06-Oct-17	04-Aug-17		JIs	Nominal Roll	
10	PTI Re-qualification	15-Jan-18	19-Jan-18	17-Nov-17		JIs	Nominal Roll	
11	Obstacle Course Supervisor	03-Oct-17	04-Oct-17	04-Aug-17	Bid Form	JIs	Nominal Roll	
12	RAPTC Selection	24-Apr-17	28-Apr-17	N/A	Bid Form	N/A	N/A	
13	RAPTC Selection	09-Oct-17	13-Oct-17	N/A		N/A	N/A	
14	RAPTC Selection	22-Jan-18	26-Jan-18	N/A		N/A	N/A	
15	RAPTC Instructor Cse 211	17-Apr-17	08-Dec-17	N/A	N/A	N/A	N/A	
16	RAPTC Instructor Cse 212	03-Jul-17	23-Mar-18	N/A		N/A	N/A	
17	RAPTC Instructor Cse 213	02-Oct-17	TBC	N/A		N/A	N/A	
18	RAPTC Instructor Cse 214	15-Jan-18	TBC	N/A		N/A	N/A	
19	Field Army Employment Course	07-Aug-17	11-Aug-17	09-Jun-17	Bid Form	JIs	Nominal Roll	
20	Field Army Employment Course	12-Feb-18	16-Feb-18	15-Dec-18		JIs	Nominal Roll	
21	RAPTC WO CLM	03-Jul-17	07-Jul-17	06-May-17		JIs	Nominal Roll	
22	RAPTC WO CLM	26-Mar-18	30-Mar-18	26-Jan-18		JIs	Nominal Roll	
23	RAPTC WO1 Cse	12-Mar-18	15-Mar-18	12-Jan-18		JIs	Nominal Roll	
24	RAPTC Capt Cse	26-Feb-18	28-Feb-18	05-Jan-18	JIs	Nominal Roll		
25	SIO PT CPD	26-Mar-18	30-Mar-18	26-Jan-18	Bid Form	JIs	Nominal Roll	
26	RAPTC Comdt Conference	06-Apr-17	07-Apr-17	N/A		NA	N/A	
27	Orienteering Skills	08-May-17	11-May-17	10-Mar-17		Bid Form	JIs	Nominal Roll
28	Orienteering Skills	11-Sep-17	14-Sep-17	14-Jul-17			JIs	Nominal Roll
29	Orienteering Skills	06-Nov-17	09-Nov-17	08-Sep-17			JIs	Nominal Roll
30	Orienteering Skills	22-Jan-18	25-Jan-18	24-Nov-17	JIs		Nominal Roll	
31	Orienteering Skills	12-Mar-18	15-Mar-18	12-Jan-18	JIs		Nominal Roll	
32	Orienteering Planner	08-May-17	11-May-17	10-Mar-17	JIs		Nominal Roll	
33	Reserve PTI (Basic) <b>Grantham</b>	17-Jul-17	28-Jul-17	19-May-17	Bid Form	JIs	Nominal Roll	
34	Reserve PTI (Basic) <b>Grantham</b>	14-Aug-17	25-Aug-17	16-Jun-17		JIs	Nominal Roll	
35	Reserve PTI (Basic) <b>Grantham</b>	11-Sep-17	22-Sep-17	14-Jul-17		JIs	Nominal Roll	
36	Reserve PTI (Basic) <b>Grantham</b>	19-Mar-18	30-Mar-18	19-Jan-18		JIs	Nominal Roll	
37	Reserve PTI (Advance) <b>Grantham</b>	17-Jul-17	28-Jul-17	19-May-17		JIs	Nominal Roll	
38	Reserve PTI (Advance) <b>Grantham</b>	19-Mar-18	30-Mar-18	19-Jan-18	JIs	Nominal Roll		
39	Endurance Training Leader (ETL) <b>London</b>	08-Apr-17	09-Apr-17	10-Feb-17	Bid Form	N/A	N/A	
40	Endurance Training Leader (ETL) <b>Grantham</b>	06-May-17	07-May-17	10-Mar-17		N/A	N/A	
41	Endurance Training Leader (ETL) <b>London</b>	17-Jun-17	18-Jun-17	21-Apr-17		N/A	N/A	
42	Endurance Training Leader (ETL) <b>Grantham</b>	15-Jul-17	16-Jul-17	19-May-17		N/A	N/A	
43	Endurance Training Leader (ETL) <b>Grantham</b>	09-Sep-17	10-Sep-17	14-Jul-17		N/A	N/A	
44	Endurance Training Leader (ETL) <b>London</b>	14-Oct-17	15-Oct-17	18-Aug-17		N/A	N/A	
45	Endurance Training Leader (ETL) <b>London</b>	18-Nov-17	19-Nov-17	22-Sep-17		N/A	N/A	
46	Endurance Training Leader (ETL) <b>Grantham</b>	13-Jan-18	14-Jan-18	17-Nov-17		N/A	N/A	
47	Endurance Training Leader (ETL) <b>London</b>	17-Feb-18	18-Feb-18	22-Dec-17		N/A	N/A	
48	Endurance Training Leader (ETL) <b>Grantham</b>	17-Mar-18	18-Mar-18	19-Jan-18		N/A	N/A	






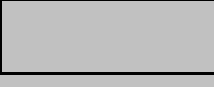
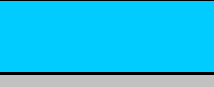




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**SPORTS COURSES - AS AT 20 JAN 17**

	Athletics		NPLQ		JIs' and nominal rolls will be uploaded 1 week after bid by date.
	Basketball		Judo		
	Boxing		Netball		
	Cricket		Squash		
	Hockey		Aquatic		

Ser	Title	Start	Finish	Bid by date	Bid form	JIs	Nominal Roll
1	Athletics (UKCC) Assistant Official Award	13-Jul-17	14-Jul-17	12-May-17	Bid Form	JIs	Nominal Roll
2	Athletics (UKCC) Assistant Official Award	18-Jan-18	19-Jan-18	17-Nov-17		JIs	Nominal Roll
3	Athletics Assistant Coach Level 1	03-Jul-17	04-Jul-17	05-May-17		JIs	Nominal Roll
4	Athletics Assistant Coach Level 1	11-Sep-17	12-Sep-17	14-Jul-17		JIs	Nominal Roll
5	Athletics Coach Level 2	10-Jul-17	12-Jul-17	12-May-17		JIs	Nominal Roll
6	Athletics Coach Level 2	15-Jan-18	17-Jan-18	17-Nov-17		JIs	Nominal Roll
7	Basketball EBBA (UKCC) Lvl 1 Assist Coach / Lvl 2 Coach	10-Jul-17	14-Jul-17	12-May-17	Bid Form	JIs	Nominal Roll
8	Boxing Coach Level 1	17-Apr-17	20-Apr-17	17-Feb-17	Bid Form	JIs	Nominal Roll
9	Boxing Coach Level 1	26-Jun-17	29-Jun-17	26-Apr-17		JIs	Nominal Roll
10	Boxing Coach Level 1	11-Sep-17	14-Sep-17	14-Jul-17		JIs	Nominal Roll
11	Boxing Coach Level 1	09-Oct-17	12-Oct-17	11-Aug-17		JIs	Nominal Roll
12	Boxing Coach Level 1	15-Jan-18	18-Jan-18	17 Non 17		JIs	Nominal Roll
13	Boxing Coach Level 2	24-Apr-17	27-Apr-17	24-Feb-17		JIs	Nominal Roll
14	Boxing Coach Level 2	02-Oct-17	05-Oct-17	04-Aug-17		JIs	Nominal Roll
15	Boxing Referee and Judge (R&J) Grade C	28-Mar-18	29-Mar-18	26-Jan-18		JIs	Nominal Roll
16	Boxing ABAE Judge and Timekeeper (JTK) Grade C	28-Jun-17	29-Jun-17	28-Apr-17	JIs	Nominal Roll	
17	Cricket Umpires Level 1	25-Sep-17	29-Sep-17	28-Jul-17	Bid Form	JIs	Nominal Roll
18	Cricket Umpires Level 1	26-Mar-18	30-Mar-18	26-Jan-18	JIs	Nominal Roll	
19	Hockey	25-Sep-17	26-Sep-17	28-Jul-17	Bid Form	JIs	Nominal Roll
20	Hockey	26-Mar-18	27-Mar-18	26-Jan-18		JIs	Nominal Roll
21	Judo BJA Club Instructor	02-Oct-17	06-Oct-17	04-Aug-17	Bid Form	JIs	Nominal Roll
22	Judo Skills	26-Jun-17	30-Jun-17	28-Apr-17		JIs	Nominal Roll
23	Judo Skills	02-Oct-17	06-Oct-17	04-Aug-17		JIs	Nominal Roll
24	Judo Skills	15-Jan-18	19-Jan-18	17-Nov-17		JIs	Nominal Roll
25	NPLQ	17-Apr-17	21-Apr-17	17-Feb-17	Bid Form	JIs	Nominal Roll
26	NPLQ	10-Jul-17	14-Jul-17	12-May-17		JIs	Nominal Roll
27	NPLQ	11-Sep-17	15-Sep-17	14-Jul-17		JIs	Nominal Roll
28	NPLQ	09-Oct-17	13-Oct-17	11-Aug-17		JIs	Nominal Roll
29	NPLQ	22-Jan-18	26-Jan-18	24-Nov-17		JIs	Nominal Roll
30	NPLQ	26-Mar-18	30-Mar-18	26-Jan-18		JIs	Nominal Roll
31	Netball	11-Sep-17	15-Sep-17	14-Jul-17	Bid Form	JIs	Nominal Roll
32	Squash Basic Skills	26-Jun-17	29-Jun-17	28-Apr-17	Bid Form	JIs	Nominal Roll
33	Squash Advanced Skills	26-Mar-18	28-Mar-18	26-Jan-18		JIs	Nominal Roll
34	Squash England (UKCC) Level 1 Ass Coach Module 1	11-Sep-17	12-Sep-17	14-Jul-17		JIs	Nominal Roll
35	Squash England (UKCC) Level 1 Ass Coach Module 2	09-Oct-17	09-Oct-17	14-Jul-17		JIs	Nominal Roll
36	Squash Referee Marker	10-Oct-17	10-Oct-17	11-Aug-17		JIs	Nominal Roll
37	Swimming Teacher Basic STA (B)	17-Apr-17	21-Apr-17	17-Feb-17		Bid Form	JIs
38	Swimming Teacher Basic STA (B)	25-Sep-17	29-Sep-17	28-Jul-17	JIs		Nominal Roll
39	Swimming Teacher Basic STA (B)	22-Jan-18	26-Jan-18	24-Nov-17	JIs		Nominal Roll
40	Swimming Teacher STA Certificate	02-Oct-17	06-Oct-17	04-Aug-17	JIs		Nominal Roll

**ARMY SCHOOL OF PHYSICAL TRAINING (ALDERSHOT & GRANTHAM) - COURSE PLANNER 2017 / 2018**

	Key	Bank Holiday/Leave 	Sports Cse 	Grantham Mil Cse 	Pass Off Parade 
		Weekend 	Aquatic Cse 	Comdt Confr 	
		Staff Training 	Military Cse 	AR ETL Cse 	

Apr-17	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S						
	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
	RAPTC Comdt Conference					ASPT Block leave					RAPTC Instructor Course 209 Seniors										Course 209 Seniors AT						
	ETL										NPLQ					RAPTC Selection					AAPTI Requal						
											Boxing Assistant Coach Level 1					Boxing Coach Level 2											

May-17	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S											
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1
	Course 209 Seniors AT					RAPTC Instructor Course 209 Seniors										Course 210 Inters AT																
	RAPTC Instructor Course 211 Juniors					RAPTC Instructor Course 211 Juniors AT										AAPTI Course 50																
	ETL					Orienteering Skills					AAPTI Cse Grantham 04																					
						Orienteering Planners																										

Jun-17	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S						
	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1
	RAPTC Instructor Course 209 Seniors					RAPTC Instructor Course 210 Inters										Judo Skills													
	Course 210 Inters AT					RAPTC Instructor Course 211 Juniors										Boxing Assistant Coach Level 1													
						AAPTI Course 50										Boxing J&TK													
						AAPTI Cse Grantham 04										Squash Skills (Basic)													
						ETL																							

Jul-17	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S						
	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
	RAPTC Instructor Course 210 Seniors					RAPTC Instructor Course 210 Seniors AT										RAPTC Instructor Course 212 Juniors AT											
	WO CLM					NPLQ X 2					AAPTI Course 51																
	AAPTI Cse Grantham					Ath Ass Coach Lvl 2					AR PTI Basic																
	Ath Ass Lvl 1					Ath Off Award					AR PTI Advance																
						Basketball Coach Level 1&2					ETL																

Aug-17	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S										
	31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	RAPTC Instructor Course 211 Inters					RAPTC Instructor Course 210 Seniors										RAPTC Instructor Course 212 Juniors															
	RAPTC Instructor Course 212 Juniors AT					RAPTC Instructor Course 211 Inters AT										AAPTI Course 51															
						FAEC										AR PTI Basic															

Sep-17	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S				
	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	AAPTI Course 51					NPLQ										AR PTI Basic											
						Boxing Assistant Coach Lvl 1					ASPT Block Leave										STA (A) Basic						
						Sql1M1															Cricket Umpire Lvl 1						
						Netball Coach Lvl 1															Hockey Coach						
						Orienteering Skills															Staff Training						
						Ath Ass Lvl 1					ASPT Block Leave																
						ETL																					

Oct-17	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S						
	30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	RAPTC Instructor Course 211 Seniors					RAPTC Instructor Course 211 Seniors AT										RAPTC Instructor Course 213 Juniors AT													
	AAPTI Requal					RAPTC Instructor Course 212 Inters										AAPTI Course 52													
	OCS					RAPTC Selection										AAPTI Course Grantham 05													
	STA Certificate					NPLQ																							
	Boxing Coach Lvl 2					Boxing Coach Lvl 1																							
	Judo Skills					Sql1M2																							
	Judo Instructor					S-m										ETL													

Nov-17	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S											
	30	31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	RAPTC Instructor Course 212 Inters					RAPTC Instructor Course 211 Seniors										RAPTC Instructor Course 212 Inters AT																
	RAPTC Instructor Course 213 Juniors AT					RAPTC Instructor Course 212 Inters AT										RAPTC Instructor Course 213 Juniors																
						AAPTI Course 52										AAPTI Course Grantham 05																
						Orienteering Skills										ETL																

Dec-17	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S						
	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	RAPTC Instructor Course 211 Seniors					Staff Training										ASPT Block Leave													
	RAPTC Instructor Course 212 Inters																												
	RAPTC Instructor Course 213 Junior																												
	AAPTI Course 52																												

Jan-18	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S											
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1
	ASPT Block Leave					Staff Training										RAPTC Instructor Course 212 Seniors					RAPTC Instructor Course 212 Seniors AT											
											AAPTI Requal					RAPTC Instructor Course 213 Inters					RAPTC Instructor Course 214 Juniors											
											AAPTI Requal					RAPTC Selection					AAPTI Course 53											
											Judo Skills					STA (A) Basic																
											Boxing Assistant Coach Lvl 1					NPLQ																
											Ath Ass Coach Lvl 2					Orienteering Skills																
											ETL					Ath Off Award																

Feb-18	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S						
	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	1	2	3
	RAPTC Instructor Course 212 Seniors					RAPTC Instructor Course 213 Inters										RAPTC Instructor Course 213 Inters AT													
	RAPTC Instructor Course 213 Inters					RAPTC Instructor Course 214 Juniors AT										RAPTC Instructor Course 214 Juniors													
						AAPTI Course 53										Grantham AAPTI Course 06													
						FAEC										ETL													
																Capt Course													

Mar-18	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S						
	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	RAPTC Instructor Course 212 Seniors					RAPTC Instructor Course 213 Inters										SOI PT											
	Course 213 Inters AT					RAPTC Instructor Course 214 Juniors										WO CLM											
						AAPTI Course 53										NPLQ X 2											
	Grantham AAPTI Cse					WO1 Cse										AR PTI Basic											
						Orienteering Skills										AR PTI Advance											
						ETL										Boxing R&J											
																Sq Advanced											
																Hockey Coach											

**Please scroll to the bottom of the page for all notes**

Title	Allocated by	No Held Per Year	Aim	Remarks (Including Qualifications for Attendance)	Bidding Category and Notes	Venue
All Arms Physical Training Instructor (AA PTI) (8 weeks)	ASPT	7	To train NCOs in the organisation and techniques of physical and recreational training.	<ol style="list-style-type: none"> <li>An AA PTI qualification is valid for 5-years from date of qualification and can be employed pan-Army.</li> <li>Students should have an aptitude for Physical Development (PD).</li> <li>The course is open for LCpls – Sgts serving in the regular Army.</li> <li>Students must complete a self certification medical certificate and must be P2 FD.</li> <li>Students are required to pass the MST, AFT (carrying CEG 1 weight (25 kg) and the PTI Fitness Test (50 press-ups in 2 min, 60 sit-ups in 2 min, 2.4 km run in under 9 mins 30 secs).</li> <li>Students will be RTU if they fail to achieve the pre-course fitness standards as detailed in Ser 5 on assessment.</li> <li>Units are to note that once students have been secured a place on course and are then subsequently unable to attend, Units are not to nominate substitute candidates 'in-house'. All replacements will be controlled through the ASPT reserve list.</li> </ol>	A	Aldershot
RAPTC Refresher and COMDT Study Period (2 days)	HQ RAPTC	1	To update RAPTCs annually on current technical training and Physical Development issues.	<ol style="list-style-type: none"> <li>Mandatory attendance for all serving RAPTC Officers, WO1s and selected WO2s.</li> </ol>		
Arms and Services Command Leadership Management Part 1 Warrant Officers' Course (Arms & Services CLM Part 1 WO) (RAPTC CLM Part 2 WO) (5 days)	RAPTC MCM Div	2	To provide generic Command, Leadership & Management development for all Warrant Officers on Promotion.	<ol style="list-style-type: none"> <li>Students must be a minimum of substantive SSgt and have been selected for promotion to WO. In addition students must have completed CLM WO Part 1.</li> <li>Once successfully completed this courses (in its current format) is valid for the duration of a soldier's career.</li> </ol>	B	Aldershot
RAPTC Selection (5 days)	ASPT	3	<ol style="list-style-type: none"> <li>Provide an opportunity for potential candidates to demonstrate their suitability to attend PTI Class One training.</li> <li>Enable the Directing Staff (DS) to assess candidate performance and present recommendations to the Selection Board on the final day of the course.</li> </ol>	<ol style="list-style-type: none"> <li>Either the parent unit and/or the ASPT must have recommended the students.</li> <li>Students must have passed an AA PTI course.</li> <li>Must complete their respective A&amp;SD PNCO CLM and Basic Skills (BS) Level 2 as a prerequisite to RAPTC Selection Course.</li> <li>Must hold MST, KFC &amp; RCP.</li> <li>Successful candidates will be required to submit an application for transfer (AGAI Vol 2 Chap 48 Annexes A/M refer) to Colour Service Section (MCM Div) prior to attending PTI Class 1 training.</li> </ol>	A (1)	Aldershot
Field Army Employment Course (5 days)	RAPTC MCM Div	2	To prepare and refresh RAPTCs prior to employment within the Field Army.	<ol style="list-style-type: none"> <li>RAPTC SSgt/Sgt are to attend the Field Army Employment Course, prior to employment within the Field Army. Course attendees will be nominated by RAPTC MCM Div.</li> </ol>	B	Aldershot
Obstacle Course Supervisor (OCS) (2 days)	ASPT	1	To train and qualify students to conduct Obstacle Course training.	<ol style="list-style-type: none"> <li>Students must be a Substantive LCpl or above.</li> <li>The OCS qualification is valid for 3-years from the date of qualification.</li> </ol>	A	Aldershot
Orienteering – Skills (4 days)	ASPT	5	To develop the orienteering skills necessary for students to successfully complete an Army League event.	<ol style="list-style-type: none"> <li>Students should have a basic understanding of map reading skills.</li> <li>Course bids are to be forwarded to the ASPT however, selection will be made by the Army Orienteering Association (AOA).</li> </ol>	A	Longmoor
Orienteering – Planners (4 days)	ASPT	2	To provide students with the necessary knowledge to enable them to competently plan courses for Army League events. Event organisation will also be covered.	<ol style="list-style-type: none"> <li>Students should be competent orienteers and have had some exposure to orienteering events.</li> <li>Course bids are to be forwarded to the ASPT however, selection will be made by the Army Orienteering Association (AOA).</li> </ol>	A	Longmoor
RAPTC Transfer Course (30 weeks)	ASPT	4	<ol style="list-style-type: none"> <li>To train NCOs in the duties and responsibilities of an RAPTC Instructor.</li> <li>To enable NCOs to gain further qualifications in physical and adventurous training, and sport subjects.</li> <li>To confirm suitability for transfer to the RAPTC.</li> </ol>	<ol style="list-style-type: none"> <li>The RAPTC Selection Board will select students for RAPTC Transfer training.</li> <li>Units are to submit an application for transfer (AF B241) in accordance with AGAI Vol 2 Chap 48 Annexes A/M to Colour Service Section prior to student's attendance on RAPTC Transfer training.</li> <li>On completion of the selection course, MCM Div will issue assignment orders to successful students.</li> <li>Students will be granted the local rank of Sgt for the duration of the course if required.</li> <li>Students must undergo a complete medical/dental examination and be certified 'fit to attend course'.</li> <li>Students are to hold JNCO CLM Part 1 FCA Level 2 prior to commencing training or hold EFP equivalent.</li> <li>Students should also hold: Mountain Leader (Training) with 20 Quality Mountain Days, Kayak Foundation Course and Rock Climbing Proficiency.</li> </ol>	2	Aldershot
Physical Training Instructor Re-qualification (5 days)	ASPT	3	<ol style="list-style-type: none"> <li>To update, train and qualify PTI Class 3/2 instructors as an AA PTI.</li> <li>Re-qualify instructors at the 5-year point.</li> </ol>	<ol style="list-style-type: none"> <li>Students must be a qualified in-date AAPTI.</li> <li>Students are required to pass the MST, AFT (carrying CEG 1 weight (25 kg) and the PTI Fitness Test (50 press-ups in 2 min, 60 sit-ups in 2 min, 2.4 km run in 9 min 30 secs or less).</li> <li>Students will be RTU if they fail to achieve the pre-course fitness standards on assessment.</li> <li>Students must complete a self certification medical certificate and must be P2 FD.</li> <li>The PTI re-qualification is valid for 5-years from date of qualification.</li> </ol>	A	Aldershot
Specialist Instructional Officer - Physical Training Instructor - Continued Personal Development (SIO PT CPD) (5 days)	ASPT	1	To update and train SIO PT	<ol style="list-style-type: none"> <li>Students must be qualified SIO PT.</li> </ol>		
Royal Life-Saving Society – National Pool Lifeguard Qualification (RLSS - NPLQ) (5 days)	ASPT	8	The NPLQ covers all lifeguard issues including extensive theory and practice of first aid and spinal cord injury management.	<ol style="list-style-type: none"> <li>Student must be able to meet the following criteria and complete the following basic fitness standards as a minimum: <ol style="list-style-type: none"> <li>Jump or dive into the pool in deep water.</li> <li>Swim 50 metres in 1 minute or less.</li> <li>Swim 100 metres continuously on the front and then on the back.</li> <li>Tread water in deep water for 1 minute.</li> <li>Surface dive to the deepest part of the pool, which is 3.8 metres.</li> <li>Climb out of the pool unaided, without using the steps or a ladder.</li> </ol> </li> </ol>	A	Aldershot
Swimming Teacher Certificate (Beginner) (5days)	ASPT	4	To qualify students to Swimming Teachers Association (STA) standard in order to teach swimming to beginners unsupervised. The course is also combined with the National Rescue Standard (NaRS) – Pool Safety Award (PSAT)	<ol style="list-style-type: none"> <li>Students must hold a valid membership with the awarding body. Should the student be loaded on the course more information re/rance the awarding body will be sent via JI's.</li> <li>Students must have a interest in swimming and be able to: <ol style="list-style-type: none"> <li>Jump or dive into the pool in deep water.</li> <li>Swim 50 metres in 1 minute or less.</li> <li>Swim 100 metres continuously on the front and then on the back.</li> <li>Tread water in deep water for 1 minute.</li> <li>Surface dive to the deepest part of the pool, which is 3.8 metres.</li> </ol> </li> </ol>	A	Aldershot
Swimming Teacher Certificate (5days)	ASPT	2	To qualify STC (B) as STC (Cert), and to equip students to teach swimming at an advanced level.	<ol style="list-style-type: none"> <li>Students must have passed the STC (B) course or Amateur Swimming Association (ASA) equivalent and have an in-date NaRS Pool Safety Award or STA recognised life saving qualification (NPLQ, Pool Lifeguard, Pool Side Helper or Pool Attendant).</li> </ol>	A	Aldershot

Reserve Physical Training Instructor (Basic) (12 Days)	ATU Locations	6	To train NCOs in the skills/techniques required for organising Physical Development (PD) as required by the Reserve Army.	1. Pre-requisite for the Reserve PTI ( Basic) a. Health Trainer b. Endurance trainer Leader. c. Defence Instructional Techniques. 2. Students are required to pass the MST, AFT (carrying CEG 1 weight (25 kg) and the PTI Fitness Test (50 press-ups in 2 min, 60 sit-ups in 2 min, 2.4 km run in under 10mins 30 secs).	D	Aldershot
Reserve Advanced Physical Training Instructor (12 Days)	ASPT	3	To further develop NCOs in the skills/techniques required for organising Physical Development (PD) as required by the Reserve Army.	1. The following pre-course criteria must be met by all students prior to the start of the Reserve Advanced PTI course: a. Students must be a qualified and in-date TA PTI intermediate. or b. AR PTI Basic. or c. completed a Transition Module. 2. Students are required to pass the MST, AFT and the Reserve PTI Fitness Test (44 press-ups in 2 min, 50 sit-ups in 2 min, 2.4 km run in 10 mins 30 Secs or less. 3. Students will be RTU if they fail to achieve the pre-course fitness standards on assessment.	E	Aldershot
Athletics – Assistant Coach (Level 1) (2 days)	ASPT	2	On completion of the course, attendees will be asked to obtain a police records check. Details to be given out on course. Once a satisfactory disclosure check has been obtained, a UKA Coaching Assistant Licence will be issued.	1. On receipt of the Licence, the new Coaching Assistants will be able to deliver aspects of athletics coaching sessions from Task Cards or Session Plans provided by their supporting PTI. 2. It's aimed at those people who will be working with athletes who are fairly new to the sport of athletics.	A	Aldershot
Athletics Coach (Level 2) (3 days)	ASPT	4	To upgrade Assistant Athletic coach to level 2	1. Must have completed level 1 Assistant Coach course. 2. Must hold indate Athletic Coach licence.	A	Aldershot
Athletics – United Kingdom Athletics (UKA) Assistant Official Award (2 days)	ASPT	4	To qualify students as UKA Officials in Track and Field.	1. Students should have a basic understanding in Athletics.	A	Aldershot
Basketball – English Basketball Association (EBBA) - (UKCC) Level 1 Assistant Coach/Level 2 Coach (5 days)	ASPT	1	To qualify students as UKCC level 1 Assistant Coach or level 2 Coach in Basketball.	1. Dependant on prior knowledge and experience students will be awarded either the UKCC level 1 Assistant Coach which, is the basic level of coaching qualification, that gives outline knowledge of basketball and enables the holder to introduce basketball or to assist a UKCC level 2 Coach or UKCC level 2 Coach which allows coaches to work independently at club level. 2. Some prior knowlegde of basketball is required.	A	Aldershot
Boxing – Amateur Boxing Association of England (ABAE) Assistant Coach Level 1 (4 days)	ASPT	5	To train and qualify unit boxing coaches as ABAE Assistant Coach.	1. Students should be competent unit boxers and demonstrate basic boxing skills. 2. They should also have an aptitude to coach boxing.		
Boxing – Amateur Boxing Association of England (ABAE) Coach Level 2 (4 days)	ASPT	2	To qualify as ABAE coaches and further enhance existing coaching skills & techniques as a Level 2 Coach	1. Students must be current and qualified ABAE Assistant Coaches (within the last 3 years) which must include recent coaching experience annotated in Coaching Cards. 2. Candidates must of held the Level 1 Ass Coach for a minimum of 12months.	A	Aldershot
Boxing – ABAE Referee and Judge (R&J) Grade C (5 days)	ASPT	1	To qualify students as ABAE Grade 3 Referees.	1. Students must have completed 2 seasons as an active ABAE Judge and Timekeeper with a minimum of 10 competitions in each season (logbook evidence is required at the start of the course).	A	Aldershot
Boxing - ABAE Judge and Timekeeper (JTK) Grade C (2 days)	ASPT	1	To qualify students as ABAE Judge & Timekeepers.	1. Students should have a keen interest in boxing.	A	Aldershot
Cricket – Umpire (5 days)	ASCB	2	To qualify students as Umpires.	1. Students should have a basic knowledge of the Laws of cricket – and be in possession of 'The Laws of Cricket'3rd Edition 2008 published by MCC. 2. A £20 course fee is required in order to sit the ECB exam.	A	Aldershot
Judo – Skills (5 days)	ASPT	5	Complete novice and to improve the skill level of students already familiar with	1. Students should have a keen interest in Judo.	A	Aldershot
Judo – British Judo Association (BJA) Coach Level 1 (5 days)	ASPT	1	To qualify, students must have experienced in Judo and be minnum of Level 1 – Min Grade 2nd Kyu	1. Students must have the following requirements: a. BJA Licence. b. First Aid Certificate. c. SCUk Child Protection, These can be obtained on course.	A	Aldershot
Netball Skills – All England Netball Association (AENA) (5 days)	ASPT	1	To teach novice players the fundamentals of netball.	1. There are no pre requisites for this course. 2. The course consists of individual and collective coaching to further develop the Army netball standard.	A	Aldershot
Squash – Basic Skills (4 days)	ASPT	1	To teach novice players the basic fundamentals of squash.	1. Students are required to bring their own non-marking training shoes, at least 2 squash rackets, at least 2 red dot /progress squash balls/ and 4 changes of clothing.	A	Aldershot
Squash – Advanced Skills (3 days)	ASPT	1	To enhance the technical and tactical skills of intermediate squash players.	1. Students are required to bring their own non-marking training shoes, at least 2 squash rackets, at least 2 double yellow dot squash balls and 3 changes of clothing.	A	Aldershot
Squash – England Squash – United Kingdom Coaching Certificate (UKCC) Level 1 Assistant Coach (1 x 2 days – Module 1) (1 x 1 day – Module 2)	ASPT	1	a. To qualify as UKCC level 1 Assistant Squash Coach. b. To qualify as a Army Unit Squash Coach c. To gain a certificate in Safeguarding & Protecting Children d. Qualifications for this award are currently under review and will be determined by the ASCB.	1. Students when applying are to ensure they are available for both modules. Each module must be a minimum of 4-weeks apart. 2. Students are required to bring their own non-marking training shoes, at least 2 squash rackets, at least 2 red dot squash balls and white clothing. 3. Currently the course is designed to enable successful candidates to introduce the activities, skills and the games of Mini Squash before moving onto the full game of squash, The Army Unit Squash Coach award will concentrate on group coaching and how to teach basic strokes, simple tactics & rules.	A	Aldershot
Squash – England Squash Referee/Marker (1 day)	ASPT	1	To qualify students as England Squash & Racketball Provisional Referee	Students are required to bring writing material. Squash kit will be required for the practical session	A	Aldershot

#### BIDDING CATEGORIES

- a - Units are to bid direct to the ASPT(A) for priority bids 1, 2B (see Note 1 for Priority 1, 2B bids) using course application form, prior to the bid by date.  
Confirmation of course vacancies will only be given on receipt of Annex B and C to course Joining Instructions (JIs) that must be returned by return date stated on the JI's.
- b - Students will be notified by RAPTC Manning & Records of their attendance.
- c - Units are to bid through respective ASCB or Army Unions/Associations as appropriate.
- d - Units are to bid direct to the ASPT but inform their ATU.
- e - Units are to bid direct to the ATU WO, the ATU WO will in form the ASPT on course loading.

#### NOTES

- (1) – Units are to bid to the ASPT(A) via Div G7 PD Branches.  
(2) – After successfully completing selection for PTI Class 1 Training, students loaded onto the PTI Class 1 course will be informed direct of course vacancy.

#### Priority system for course vacancies:

- 1 A specific operational requirement.
- 2A To qualify an officer or soldier due to be at an Army Initial Training Unit.
- 2B Urgent need as there is no qualified person in unit.
- 3 To qualify an officer or soldier due to be at a school or taining unit.
- 4 For employment upgrading or to qualify a soldier for promotion.
- 5 To maintain unit team of course trained personnel.
- 6 For other reasons.
- 7 Has already been allocated to unit by MOD branch.



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## USEFUL LINKS

Potential students for **Rugby Union Coaching** courses should go to

<http://www.armyrugbyunion.org.uk/game-admin/coaching/>

Potential students for **Rugby Union Referee** courses should visit

<http://www.armyrugbyunion.org.uk/aru-referees/arurs-training/>

Potential students for **Football** courses should visit

<http://www.armyfa.com/>

**Martial Arts** and **Kendo** courses are to go through the following link for application

[andrew.oneill238@mod.uk](mailto:andrew.oneill238@mod.uk)

**Fencing** courses are to go through the following link for application

[http://armysportcontrolboard.org/sports\\_pages/fencing.html](http://armysportcontrolboard.org/sports_pages/fencing.html)

**Golf** courses are to go through the following link for application

[www.ProJAm.biz](http://www.ProJAm.biz)

All other Sports Courses/ Information can be found at the following:

<http://armysportcontrolboard.org/index.html>