



Welcome to the Army School of Physical Training

Courses Planner - Pamphlet 16A

(Training Year 2018 - 2019)



Notes / Instructions

1. This document is Version 1 dated 20 Jan 2018.
2. The tabs and links below should be used to navigate through the various sub-sections / course areas.
3. Read the instructions when completing the course application forms.
4. JIs and Nominal rolls will be uploaded on this site 1 week after bid by date, it's your responsibility to check.
5. Contents are as follows:

[Contacts](#)

[Military Cses](#)

[Sport Cses](#)

[Year Planner](#)

[Cse Information](#)

[Links](#)

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Course Details and Course Dates for Training Year 2018/2019

Army School of Physical Training

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MILITARY COURSES - AS AT 5 JANUARY 2018


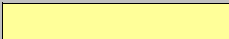
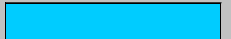





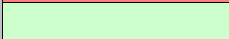



	PTI / PD Instructional Courses	
	Reserve PTI/ETL Courses	
	RAPTC Courses	
	Orienteering	
	Educational	

JIs' and nominal rolls will be uploaded 1 week after bid by date.

Ser	Title	Start	Finish	Bid by date	Bid form	JI's	Nominal Roll
1	All Arms PTI Cse 54	23-Apr-18	15-Jun-18	09-Mar-18	Bid Form	JI's	Nominal Roll
2	All Arms PTI Cse 55	16-Jul-18	07-Sep-18	01-Jun-18		JI's	Nominal Roll
3	All Arms PTI Cse 56	22-Oct-18	14-Dec-18	07-Sep-18		JI's	Nominal Roll
4	All Arms PTI Cse 57	28-Jan-19	22-Mar-19	07-Dec-18		JI's	Nominal Roll
5	All Arms PTI Grantham 07	16-Apr-18	07-Jun-18	02-Feb-18	Bid Form	JI's	Nominal Roll
6	All Arms PTI Grantham 08	15-Oct-18	06-Dec-18	31-Aug-18		JI's	Nominal Roll
7	All Arms PTI Grantham 09	04-Feb-19	28-Mar-19	14-Dec-18		JI's	Nominal Roll
8	PTI Technical Deficit Training Course	09-Apr-18	13-Apr-18	23-Feb-18	N/A	N/A	N/A
	PTI Technical Deficit Training Course	25-Jun-18	29-Jun-18	11-May-18		N/A	N/A
	PTI Technical Deficit Training Cse Grantham	13-Aug-18	17-Aug-18	29-Jun-18		N/A	N/A
9	PTI Technical Deficit Training Course	08-Oct-18	12-Oct-18	24-Aug-18		N/A	N/A
10	PTI Technical Deficit Training Course	14-Jan-19	18-Jan-19	30-Nov-18		N/A	N/A
11	Obstacle Course Supervisor	09-Oct-18	10-Oct-18	24-Aug-18	Bid Form	JI's	Nominal Roll
12	RAPTC Selection	09-Apr-18	13-Apr-18	23-Feb-18	Bid Form	N/A	N/A
13	RAPTC Selection	15-Oct-18	19-Oct-18	31-Aug-18		N/A	N/A
14	RAPTC Selection	21-Jan-19	25-Jan-19	07-Dec-18		N/A	N/A
15	RAPTC Instructor Cse 215	09-Apr-18	14-Dec-18	N/A	N/A	N/A	N/A
16	RAPTC Instructor Cse 216	02-Jul-18	22-Mar-19	N/A		N/A	N/A
17	RAPTC Instructor Cse 217	08-Oct-18	TBC	N/A		N/A	N/A
18	RAPTC Instructor Cse 218	14-Jan-19	TBC	N/A		N/A	N/A
19	Field Army Employment Course	14-May-18	18-May-18	30-Mar-18	Bid Form	JI's	Nominal Roll
20	Field Army Employment Course	11-Feb-19	15-Feb-19	07-Dec-18		JI's	Nominal Roll
21	RAPTC WO CLM	28-May-18	01-Jun-18	13-Apr-18		JI's	Nominal Roll
22	RAPTC WO CLM	25-Mar-19	29-Mar-19	08-Feb-19		JI's	Nominal Roll
23	RAPTC WO1 Cse	11-Mar-19	14-Mar-19	25-Jan-19		JI's	Nominal Roll
24	RAPTC Capt Cse	25-Feb-19	27-Feb-19	18-Jan-19		JI's	Nominal Roll
26	RAPTC Comdt Conference	16-Apr-18	20-Apr-18	N/A	NA	NA	N/A
27	Orienteering Skills	14-May-18	17-May-18	30-Mar-18	Bid Form	JI's	Nominal Roll
28	Orienteering Skills	24-Sep-18	27-Sep-18	17-Aug-18		JI's	Nominal Roll
29	Orienteering Skills	05-Nov-18	08-Nov-18	21-Sep-18		JI's	Nominal Roll
30	Orienteering Skills	25-Mar-19	28-Mar-19	08-Feb-19		JI's	Nominal Roll
32	Orienteering Planner	14-May-18	17-May-18	30-Mar-18		JI's	Nominal Roll
33	Reserve PTI (Basic) Grantham	02-Jul-18	13-Jul-18	18-May-18	Bid Form	JI's	Nominal Roll
34	Reserve PTI (Basic) Grantham	30-Jul-18	10-Aug-18	15-Jun-18		JI's	Nominal Roll
35	Reserve PTI (Basic) Grantham	27-Aug-18	07-Sep-18	13-Jul-18		JI's	Nominal Roll
36	Reserve PTI (Basic) Grantham	14-Jan-19	25-Jan-19	07-Dec-18		JI's	Nominal Roll
37	Reserve PTI (Advance) Grantham	02-Jul-18	13-Jul-18	18-May-18	Bid Form	JI's	Nominal Roll
38	Reserve PTI (Advance) Grantham	27-Aug-18	07-Sep-18	13-Jul-18		JI's	Nominal Roll
39	Endurance Training Leader (ETL) London	07-Apr-18	08-Apr-18	23-Feb-18	Bid Form	N/A	N/A
40	Endurance Training Leader (ETL) Grantham	12-May-18	13-May-18	30-Mar-18		N/A	N/A
41	Endurance Training Leader (ETL) London	23-Jun-18	24-Jun-18	11-May-18		N/A	N/A
42	Endurance Training Leader (ETL) Grantham	14-Jul-18	15-Jul-18	01-Jun-18		N/A	N/A
43	Endurance Training Leader (ETL) Grantham	22-Sep-18	23-Sep-18	10-Aug-18		N/A	N/A
44	Endurance Training Leader (ETL) London	13-Oct-18	14-Oct-18	31-Aug-18		N/A	N/A
45	Endurance Training Leader (ETL) London	24-Nov-18	25-Nov-18	12-Oct-18		N/A	N/A
46	Endurance Training Leader (ETL) London	19-Jan-19	20-Jan-19	07-Dec-18		N/A	N/A
47	Endurance Training Leader (ETL) London	09-Feb-19	10-Feb-19	04-Jan-19		N/A	N/A
48	Endurance Training Leader (ETL) Grantham	16-Mar-19	17-Mar-19	01-Feb-19		N/A	N/A

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SPORTS COURSES - AS AT 5 JANUARY 18

	Athletics		NPLQ		Badminton	
	Basketball		Judo		JIs' and nominal rolls will be uploaded 1 week after bid by date.	
	Boxing		Netball			
	Cricket		Squash			
	Hockey		Aquatic			

Ser	Title	Start	Finish	Bid by date	Bid form	JIs	Nominal Roll
1	Athletics (UKCC) Assistant Official Award	11-Apr-18	12-Apr-18	23-Feb-18	Bid Form	JIs	Nominal Roll
2	Athletics (UKCC) Assistant Official Award	05-Jul-18	06-Jul-18	25-May-18		JIs	Nominal Roll
3	Athletics Coaching Assistant Level 1	09-Apr-18	10-Apr-18	23-Feb-18		JIs	Nominal Roll
4	Athletics Coaching Assistant Level 1	02-Jul-18	03-Jul-18	18-May-18		JIs	Nominal Roll
6	Athletics Coach Level 2	09-Jul-18	13-Jul-18	25-May-18		JIs	Nominal Roll
7	Basketball EBBA (UKCC) Lvl 1 Assist Coach / Lvl 2 Coach	18-Jun-18	22-Jun-18	04-May-18	Bid Form	JIs	Nominal Roll
8	Badminton Coach Level 1	25-Jun-18	27-Jun-18	11-May-18	Bid Form	JIs	Nominal Roll
9	Boxing Coach Level 1	09-Apr-18	12-Apr-18	23-Feb-18	Bid Form	JIs	Nominal Roll
10	Boxing Coach Level 1	09-Jul-18	12-Jul-18	25-May-18		JIs	Nominal Roll
11	Boxing Coach Level 1	24-Sep-18	27-Sep-18	10-Aug-18		JIs	Nominal Roll
12	Boxing Coach Level 1	21-Jan-19	24-Jan-19	07-Dec-18		JIs	Nominal Roll
13	Boxing Coach Level 2	25-Jun-18	28-Jun-18	11-May-18		JIs	Nominal Roll
14	Boxing Coach Level 2	15-Oct-18	18-Oct-18	31-Aug-18		JIs	Nominal Roll
15	Boxing Referee and Judge (R&J) Grade C	27-Mar-19	28-Mar-19	N/A		JIs	Nominal Roll
16	Boxing ABAE Judge and Timekeeper (JTK) Grade C	25-Mar-19	26-Mar-19	08-Feb-19	JIs	Nominal Roll	
17	Cricket Umpires Level 1	24-Sep-18	28-Sep-18	10-Aug-18	Bid Form	JIs	Nominal Roll
18	Cricket Umpires Level 1	25-Mar-19	29-Mar-19	08-Feb-19	Bid Form	JIs	Nominal Roll
19	Hockey	24-Sep-18	25-Sep-18	10-Aug-18	Bid Form	JIs	Nominal Roll
20	Hockey	25-Mar-19	26-Mar-19	08-Feb-19	Bid Form	JIs	Nominal Roll
21	Judo BJA Club Instructor	08-Oct-18	12-Oct-18	N/A	Bid Form	JIs	Nominal Roll
22	Judo Skills	18-Jun-18	22-Jun-18	04-May-18		JIs	Nominal Roll
23	Judo Skills	08-Oct-18	12-Oct-18	24-Aug-18		JIs	Nominal Roll
24	Judo Skills	14-Jan-19	18-Jan-19	30-Nov-18		JIs	Nominal Roll
25	NPLQ	09-Apr-18	13-Apr-18	23-Feb-18	Bid Form	JIs	Nominal Roll
26	NPLQ	02-Jul-18	06-Jul-18	18-May-18		JIs	Nominal Roll
27	NPLQ	24-Sep-18	28-Sep-18	10-Aug-18		JIs	Nominal Roll
28	NPLQ	15-Oct-18	19-Oct-18	31-Aug-18		JIs	Nominal Roll
29	NPLQ	14-Jan-19	18-Jan-19	30-Nov-18		JIs	Nominal Roll
30	NPLQ	25-Mar-19	29-Mar-19	08-Feb-19		JIs	Nominal Roll
31	Squash Basic Skills	18-Jun-18	20-Jun-18	04-May-18	Bid Form	JIs	Nominal Roll
32	Squash Advanced Skills	25-Mar-19	27-Mar-19	08-Feb-19		JIs	Nominal Roll
33	Squash England (UKCC) Level 1 Ass Coach Module 1	24-Sep-18	25-Sep-18	10-Aug-18		JIs	Nominal Roll
34	Squash England (UKCC) Level 1 Ass Coach Module 2	15-Oct-18	15-Oct-18	31-Aug-18		JIs	Nominal Roll
35	Squash Referee Marker	12-Nov-18	12-Nov-18	31-Aug-18		JIs	Nominal Roll
36	Swimming Teacher Basic STA (B)	18-Jun-18	22-Jun-18	04-May-18	Bid Form	JIs	Nominal Roll
37	Swimming Teacher Basic STA (B)	21-Jan-19	25-Jan-19	07-Dec-18		JIs	Nominal Roll
38	Swimming Teacher STA Certificate	08-Oct-18	12-Oct-18	24-Aug-18		JIs	Nominal Roll

ARMY SCHOOL OF PHYSICAL TRAINING (ALDERSHOT & GRANTHAM) - COURSE PLANNER 2018 / 2019

Key	Bank Holiday/Leave		Sports Cse		Grantham Mil Cse		Pass Off Parade	
	Weekend		Aquatic Cse		Comdt Confr			
	Staff Training		Military Cse		AR ETL Cse			

	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S							
	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
Apr-18	ASPT Leave										RAPTC Instructor Course 213 Seniors																	
	ASPT Leave										RAPTC Instructor Course 214 Inters																	
	ASPT Leave										RAPTC Instructor Course 215 Juniors																	
	ASPT Leave										HQ RAPTC Cse																	
	ASPT Leave										RAPTC Selection																	

	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S					
	30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1
May-18	RAPTC Instructor Course 214 Inters AT										RAPTC Instructor Course 213 Seniors																						
	RAPTC Instructor Course 215 Juniors										RAPTC Instructor Course 214 Inters																						
	RAPTC Instructor Course 215 Juniors										Course 215 AT																						
	RAPTC Instructor Course 215 Juniors										AAPT Course 54																						
	RAPTC Instructor Course 215 Juniors										AAPT Course Grantham 07																						

	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1
Jun-18	RAPTC Instructor Course 213 Seniors										RAPTC Instructor Course 214 Inters																			
	RAPTC Instructor Course 214 Inters										RAPTC Instructor Course 215 Juniors																			
	RAPTC Instructor Course 214 Inters										AAPT Course 54																			
	RAPTC Instructor Course 214 Inters										AAPT Course Grantham 07																			
	RAPTC Instructor Course 214 Inters										AAPT Course 54																			

	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S							
	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
Jul-18	RAPTC Instructor Course 214 AT										RAPTC Instructor Course 215 Inters																	
	RAPTC Instructor Course 215 Inters										RAPTC Instructor Course 216 Juniors																	
	RAPTC Instructor Course 215 Inters										AAPT Course 55																	
	RAPTC Instructor Course 215 Inters										AR PTI Basic																	
	RAPTC Instructor Course 215 Inters										AR PTI Advance																	

	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S					
	30	31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Aug-18	RAPTC Instructor Course 214 Seniors										RAPTC Instructor Course 215 Inters																						
	RAPTC Instructor Course 216 Juniors										RAPTC Instructor Course 216 Juniors																						
	RAPTC Instructor Course 216 Juniors										Course 216 AT																						
	RAPTC Instructor Course 216 Juniors										AAPT Course 55																						
	RAPTC Instructor Course 216 Juniors										HQ RAPTC Cse																						

	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28		
Sep-18	RAPTC Instructor Course 214 Seniors										RAPTC Instructor Course 215 Inters																			
	RAPTC Instructor Course 215 Inters										RAPTC Instructor Course 216 Juniors																			
	RAPTC Instructor Course 215 Inters										AAPT Course 55																			
	RAPTC Instructor Course 215 Inters										AR PTI Basic																			
	RAPTC Instructor Course 215 Inters										AR PTI Advance																			

	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
	29	30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
Oct-18	RAPTC Instructor Course 215 Seniors										RAPTC Instructor Course 216 Inters																			
	RAPTC Instructor Course 216 Inters										RAPTC Instructor Course 217 Juniors																			
	RAPTC Instructor Course 216 Inters										AAPT Course 56																			
	RAPTC Instructor Course 216 Inters										AAPT Course Grantham 08																			
	RAPTC Instructor Course 216 Inters										AAPT Course 56																			

	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S					
	29	30	31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Nov-18	Course 215 AT										RAPTC Instructor Course 215 Seniors																						
	RAPTC Instructor Course 217 Juniors										RAPTC Instructor Course 216 Inters																						
	RAPTC Instructor Course 217 Juniors										Course 217 AT																						
	RAPTC Instructor Course 217 Juniors										AAPT Course 56																						
	RAPTC Instructor Course 217 Juniors										AAPT Course Grantham 08																						

	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Dec-18	RAPTC Instructor Course 215 Seniors										RAPTC Instructor Course 216 Inters																			
	RAPTC Instructor Course 216 Inters										RAPTC Instructor Course 217 Juniors																			
	RAPTC Instructor Course 216 Inters										AAPT Course 56																			
	RAPTC Instructor Course 216 Inters										AAPT Course Grantham 08																			
	RAPTC Instructor Course 216 Inters										AAPT Course 56																			

	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S					
	31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1
Jan-19	ASPT Block Leave										RAPTC Instructor Course 216 Seniors																						
	ASPT Block Leave										RAPTC Instructor Course 217 Inters																						
	ASPT Block Leave										RAPTC Instructor Course 218 Juniors																						
	ASPT Block Leave										HQ RAPTC Cse																						
	ASPT Block Leave										RAPTC Selection																						

	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S		
	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3
Feb-19	Course 216 AT										RAPTC Instructor Course 216 Seniors																					
	RAPTC Instructor Course 217 Inters										RAPTC Instructor Course 217 Inters																					
	RAPTC Instructor Course 218 Juniors										RAPTC Instructor Course 218 Juniors																					
	RAPTC Instructor Course 218 Juniors										AAPT Course 57																					
	RAPTC Instructor Course 218 Juniors										AAPT Course Grantham 09																					

	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Mar-19	RAPTC Instructor Course 216 Seniors										RAPTC Instructor Course 217 Inters																	
	RAPTC Instructor Course 217 Inters										RAPTC Instructor Course 218 Juniors																	
	RAPTC Instructor Course 217 Inters										AAPT Course 57																	
	RAPTC Instructor Course 217 Inters										AAPT Course Grantham 09																	
	RAPTC Instructor Course 217 Inters										AAPT Course 57																	

Please scroll to the bottom of the page for all notes

Title	Allocated by	No Held Per Year	Aim	Remarks (Including Qualifications for Attendance)	Bidding Category and Notes	Venue
All Arms Physical Training Instructor (AA PTI) (8 weeks)	ASPT	7	To train NCOs in the organisation and techniques of physical and recreational training.	<ol style="list-style-type: none"> An AA PTI qualification is valid for 10-years from date of qualification and can be employed pan-Army. Students should have an aptitude for Physical Development (PD). The course is open for LCpls – Sgts serving in the regular Army. Students must complete a self certification medical certificate and must be P2 FD. Students are required to pass the MST, AFT (carrying CEG 1 weight (25 kg) and the PTI Fitness Test (50 press-ups in 2 min, 60 sit-ups in 2 min, 2.4 km run in under 9 mins 30 secs). Students will be RTU if they fail to achieve the pre-course fitness standards as detailed in Ser 5 on assessment. Units are to note that once students have been secured a place on course and are then subsequently unable to attend, Units are not to nominate substitute candidates 'in-house'. All replacements will be controlled through the ASPT reserve list. All bids must have the Health Trainer certificate code typed into the relevant box on the initial bid form. 	A	Aldershot & Grantham
RAPTC Refresher and COMDT Conference (2 days)	HQ RAPTC	1	To update RAPTCs annually on current technical training and Physical Development issues.	<ol style="list-style-type: none"> Mandatory attendance for all serving RAPTC Officers, WO1s and selected WO2s. 		
Arms and Services Command Leadership Management Part 1 Warrant Officers' Course (Arms & Services CLM Part 1 WO) (RAPTC CLM Part 2 WO) (5 days)	RAPTC MCM Div	2	To provide generic Command, Leadership & Management development for all Warrant Officers on Promotion.	<ol style="list-style-type: none"> Students must be a minimum of substantive SSgt and have been selected for promotion to WO. In addition students must have completed CLM WO Part 1. Once successfully completed this courses (in its current format) is valid for the duration of a soldier's career. 	B	Aldershot
RAPTC Selection (5 days)	ASPT	3	<ol style="list-style-type: none"> Provide an opportunity for potential candidates to demonstrate their suitability to attend PTI Class One training. Enable the Directing Staff (DS) to assess candidate performance and present recommendations to the Selection Board on the final day of the course. 	<ol style="list-style-type: none"> Either the parent unit and/or the ASPT must have recommended the students. Students must have passed an AA PTI course. Must complete their respective A&SD PNCO CLM and Basic Skills (BS) Level 2 as a prerequisite to RAPTC Selection Course. Must hold MST, KFC & RCP. Successful candidates will be required to submit an application for transfer (AGAI Vol 2 Chap 48 Annexes A/M refer) to Colour Service Section (MCM Div) prior to attending PTI Class 1 training. 	A (1)	Aldershot
Field Army Employment Course (5 days)	RAPTC MCM Div	2	To prepare and refresh RAPTCs prior to employment within the Field Army.	<ol style="list-style-type: none"> RAPTC SSgt/Sgt are to attend the Field Army Employment Course, prior to employment within the Field Army. Course attendees will be nominated by RAPTC MCM Div. 	B	Aldershot
Obstacle Course Supervisor (OCS) (2 days)	ASPT	1	To train and qualify students to conduct Obstacle Course training.	<ol style="list-style-type: none"> Students must be a Substantive LCpl or above. The OCS qualification is valid for 3-years from the date of qualification. 	A	Aldershot
Orienteering – Skills (4 days)	ASPT	5	To develop the orienteering skills necessary for students to successfully complete an Army League event.	<ol style="list-style-type: none"> Students should have a basic understanding of map reading skills. Course bids are to be forwarded to the ASPT however, selection will be made by the Army Orienteering Association (AOA). 	A	Longmoor
Orienteering – Planners (4 days)	ASPT	2	To provide students with the necessary knowledge to enable them to competently plan courses for Army League events. Event organisation will also be covered.	<ol style="list-style-type: none"> Students should be competent orienteers and have had some exposure to orienteering events. Course bids are to be forwarded to the ASPT however, selection will be made by the Army Orienteering Association (AOA). 	A	Longmoor
RAPTC Transfer Course (30 weeks)	ASPT	4	<ol style="list-style-type: none"> To train NCOs in the duties and responsibilities of an RAPTC Instructor. To enable NCOs to gain further qualifications in physical and adventurous training, and sport subjects. To confirm suitability for transfer to the RAPTC. 	<ol style="list-style-type: none"> The RAPTC Selection Board will select students for RAPTC Transfer training. Units are to submit an application for transfer (AF B241) in accordance with AGAI Vol 2 Chap 48 Annexes A/M to Colour Service Section prior to student's attendance on RAPTC Transfer training. On completion of the selection course, MCM Div will issue assignment orders to successful students. Students will be granted the local rank of Sgt for the duration of the course if required. Students must undergo a complete medical/dental examination and be certified 'fit to attend course'. Students are to hold JNCO CLM Part 1 FCA Level 2 prior to commencing training or hold EFP equivalent. Students should also hold: Mountain Leader (Training) with 20 Quality Mountain Days, Kayak Foundation Course and Rock Climbing Proficiency. 	2	Aldershot
Physical Training Instructor Technical Deficit Training Course (5 days)	ASPT	5	<ol style="list-style-type: none"> To update, train and upskill RAPTCI's, AAPTI's, ARPTI's and SIO's in the current methodology required for all PTI's delivering PD to the wider Army. 	<ol style="list-style-type: none"> Students must be a qualified in-date and current RAPTCI, AAPTI, ARPTI or SIO. Students must complete a self certification medical certificate and must be P2 FD. 	A	Aldershot
Royal Life-Saving Society – National Pool Lifeguard Qualification (RLSS - NPLQ) (5 days)	ASPT	8	The NPLQ covers all lifeguard issues including extensive theory and practice of first aid and spinal cord injury management.	<ol style="list-style-type: none"> Student must be able to meet the following criteria and complete the following basic fitness standards as a minimum: <ol style="list-style-type: none"> Jump or dive into the pool in deep water. Swim 50 metres in 1 minute or less. Swim 100 metres continuously on the front and then on the back. Tread water in deep water for 1 minute. Surface dive to the deepest part of the pool, which is 3.8 metres. Climb out of the pool unaided, without using the steps or a ladder. 	A	Aldershot
Swimming Teacher Certificate (Beginner) (5days)	ASPT	4	To qualify students to Swimming Teachers Association (STA) standard in order to teach swimming to beginners unsupervised. The course is also combined with the National Rescue Standard (NaRS) – Pool Safety Award (PSAT)	<ol style="list-style-type: none"> Students must hold a valid membership with the awarding body. Should the student be loaded on the course more information re: the awarding body will be sent via JI's. Students must have an interest in swimming and be able to: <ol style="list-style-type: none"> Jump or dive into the pool in deep water. Swim 50 metres in 1 minute or less. Swim 100 metres continuously on the front and then on the back. Tread water in deep water for 1 minute. Surface dive to the deepest part of the pool, which is 3.8 metres. 	A	Aldershot
Swimming Teacher Certificate (5days)	ASPT	2	To qualify STC (B) as STC (Cert), and to equip students to teach swimming at an advanced level.	<ol style="list-style-type: none"> Students must have passed the STC (B) course or Amateur Swimming Association (ASA) equivalent and have an in-date NaRS Pool Safety Award or STA recognised life saving qualification (NPLQ, Pool Lifeguard, Pool Side Helper or Pool Attendant). 	A	Aldershot

Reserve Physical Training Instructor (Basic) (12 Days)	ATU Locations	6	To train NCOs in the skills/techniques required for organising Physical Development (PD) as required by the Reserve Army.	1. Pre-requisite for the Reserve PTI (Basic) a. Health Trainer b. Endurance trainer Leader. c. Defence Instructional Techniques. 2. Students are required to pass the MST, AFT (carrying CEG 1 weight (25 kg) and the PTI Fitness Test (44 press-ups in 2 min, 50 sit-ups in 2 min, 2.4 km run in under 10mins 30 secs).	D	Aldershot
Reserve Advanced Physical Training Instructor (12 Days)	ASPT	3	To further develop NCOs in the skills/techniques required for organising Physical Development (PD) as required by the Reserve Army.	1. The following pre-course criteria must be met by all students prior to the start of the Reserve Advanced PTI course: a. Students must be a qualified and in-date TA PTI intermediate. or b. AR PTI Basic. or c. completed a Transition Module. 2. Students are required to pass the MST, AFT and the Reserve PTI Fitness Test (44 press-ups in 2 min, 50 sit-ups in 2 min, 2.4 km run in 10 mins 30 Secs or less. 3. Students will be RTU if they fail to achieve the pre-course fitness standards on assessment.	E	Aldershot
Athletics – Assistant Coach (Level 1) (2 days)	ASPT	2	On completion of the course, attendees will be asked to obtain a police records check. Details to be given out on course. Once a satisfactory disclosure check has been obtained, a UKA Coaching Assistant Licence will be issued.	1. On receipt of the Licence, the new Coaching Assistants will be able to deliver aspects of athletics coaching sessions from Task Cards or Session Plans provided by their supporting PTI. 2. It's aimed at those people who will be working with athletes who are fairly new to the sport of athletics.	A	Aldershot
Athletics Coach (Level 2) (3 days)	ASPT	4	To upgrade Assistant Athletic coach to level 2	1. Must have completed level 1 Assistant Coach course. 2. Must hold indate Athletic Coach licence.	A	Aldershot
Athletics – United Kingdom Athletics (UKA) Assistant Official Award (2 days)	ASPT	4	To qualify students as UKA Officials in Track and Field.	1. Students should have a basic understanding in Athletics.	A	Aldershot
Basketball – English Basketball Association (EBBA) - (UKCC) Level 1 Assistant Coach/Level 2 Coach (5 days)	ASPT	1	To qualify students as UKCC level 1 Assistant Coach or level 2 Coach in Basketball.	1. Dependant on prior knowledge and experience students will be awarded either the UKCC level 1 Assistant Coach which, is the basic level of coaching qualification, that gives outline knowledge of basketball and enables the holder to introduce basketball or to assist a UKCC level 2 Coach or UKCC level 2 Coach which allows coaches to work independently at club level. 2. Some prior knowlegde of basketball is required.	A	Aldershot
Boxing – Amateur Boxing Association of England (ABAE) Assistant Coach Level 1 (4 days)	ASPT	5	To train and qualify unit boxing coaches as ABAE Assistant Coach.	1. Students should be competent unit boxers and demonstrate basic boxing skills. 2. They should also have an aptitude to coach boxing.		
Boxing – Amateur Boxing Association of England (ABAE) Coach Level 2 (4 days)	ASPT	2	To qualify as ABAE coaches and further enhance existing coaching skills & techniques as a Level 2 Coach	1. Students must be current and qualified ABAE Assistant Coaches (within the last 3 years) which must include recent coaching experience annotated in Coaching Cards. 2. Candidates must of held the Level 1 Ass Coach for a minimum of 12months.	A	Aldershot
Boxing – ABAE Referee and Judge (R&J) Grade C (2 days)	ASPT	1	To qualify students as ABAE Grade 3 Referees.	1. Students must have completed 2 seasons as an active ABAE Judge and Timekeeper with a minimum of 10 competitions in each season (logbook evidence is required at the start of the course).	A	Aldershot
Boxing - ABAE Judge and Timekeeper (JTK) Grade C (2 days)	ASPT	1	To qualify students as ABAE Judge & Timekeepers.	1. Students should have a keen interest in boxing.	A	Aldershot
Cricket – Umpire (5 days)	ASCB	2	To qualify students as Umpires.	1. Students should have a basic knowledge of the Laws of Cricket'3rd Edition 2008 published by MCC. 2. A £20 course fee is required in order to sit the ECB exam.	A	Aldershot
Judo – Skills (5 days)	ASPT	5	Complete novice and to improve the skill level of students already familiar with	1. Students should have a keen interest in Judo.	A	Aldershot
Judo – British Judo Association (BJA) Coach Level 1 (5 days)	ASPT	1	To qualify, students must have experienced in Judo and be minmum of Level 1 – Min Grade 2nd Kyu	1. Students must have the following requirements: a. BJA Licence. b. First Aid Certificate. c. SCUk Child Protection, These can be obtained on course.	A	Aldershot
Netball Skills – All England Netball Association (AENA) (5 days)	ASPT	1	To teach novice players the fundamentals of netball.	1. There are no pre requisites for this course. 2. The course consists of individual and collective coaching to further develop the Army netball standard.	A	Aldershot
Squash – Basic Skills (4 days)	ASPT	1	To teach novice players the basic fundamentals of squash.	1. Students are required to bring their own non-marking training shoes, at least 2 squash rackets, at least 2 red dot /progress squash balls/ and 4 changes of clothing.	A	Aldershot
Squash – Advanced Skills (3 days)	ASPT	1	To enhance the technical and tactical skills of intermediate squash players.	1. Students are required to bring their own non-marking training shoes, at least 2 squash rackets, at least 2 double yellow dot squash balls and 3 changes of clothing.	A	Aldershot
Squash – England Squash – United Kingdom Coaching Certificate (UKCC) Level 1 Assistant Coach (1 x 2 days – Module 1) (1 x 1 day – Module 2)	ASPT	1	a. To qualify as UKCC level 1 Assistant Squash Coach. b. To qualify as a Army Unit Squash Coach c. To gain a certificate in Safeguarding & Protecting Children d. Qualifications for this award are currently under review and will be determined by the ASCB.	1. Students when applying are to ensure they are available for both modules. Each module must be a minimum of 4-weeks apart. 2. Students are required to bring their own non-marking training shoes, at least 2 squash rackets, at least 2 red dot squash balls and white clothing. 3. Currently the course is designed to enable successful candidates to introduce the activities, skills and the games of Mini Squash before moving onto the full game of squash, The Army Unit Squash Coach award will concentrate on group coaching and how to teach basic strokes, simple tactics & rules.	A	Aldershot
Squash – England Squash Referee/Marker (1 day)	ASPT	1	To qualify students as England Squash & Racketball Provisional Referee	Students are required to bring writing material. Squash kit will be required for the practical session	A	Aldershot

BIDDING CATEGORIES

- a - Units are to bid direct to the ASPT(A) for priority bids 1, 2B (see Note 1 for Priority 1, 2B bids) using course application form, prior to the bid by date.
Confirmation of course vacancies will only be given on receipt of Annex B and C to course Joining Instructions (JIs) that must be returned by return date stated on the JI's.
- b - Students will be notified by RAPTC Manning & Records of their attendance.
- c - Units are to bid through respective ASCB or Army Unions/Associations as appropriate.
- d - Units are to bid direct to the ASPT but inform their ATU.
- e - Units are to bid direct to the ATU WO, the ATU WO will in form the ASPT on course loading.

NOTES

- (1) – Units are to bid to the ASPT(A) via Div G7 PD Branches.
(2) – After successfully completing selection for PTI Class 1 Training, students loaded onto the PTI Class 1 course will be informed direct of course vacancy.

Priority system for course vacancies:

- 1 A specific operational requirement.
- 2A To qualify an officer or soldier due to be at an Army Initial Training Unit.
- 2B Urgent need as there is no qualified person in unit.
- 3 To qualify an officer or soldier due to be at a school or taining unit.
- 4 For employment upgrading or to qualify a soldier for promotion.
- 5 To maintain unit team of course trained personnel.
- 6 For other reasons.
- 7 Has already been allocated to unit by MOD branch.

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USEFUL LINKS

Potential students for **Rugby Union Coaching** courses should go to

<http://www.armyrugbyunion.org.uk/game-admin/coaching/>

Potential students for **Rugby Union Referee** courses should visit

<http://www.armyrugbyunion.org.uk/aru-referees/arurs-training/>

Potential students for **Football** courses should visit

<http://www.armyfa.com/>

Martial Arts, Kendo and Teakwondo courses are to go through the following link for application

andrew.oneill238@mod.uk ASCB-AMAA-Secretary@mod.uk

Fencing courses are to go through the following link for application

http://armysportcontrolboard.org/sports_pages/fencing.html

Golf courses are to go through the following link for application

www.ProJam.biz

All other Sports Courses/ Information can be found at the following:

<http://armysportcontrolboard.org/index.html>