



Secretary Army Swimming Union

Army Sport Control Board
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Our Reference: **20180729_ASUTEAM_SEC_U**

See Distribution

29 July 2018

ARMY SWIMMING CHAMPIONSHIPS 2018

1. The Army Swimming Championships will take place at the Aldershot Garrison Sports Centre on 10 Oct 2018, commencing at 1000hrs, this Championships will incorporate both the Army Inter Unit and Army Individual Championships for 2018.

Entries

2. The Army Swimming Championships 2018 will be an open competition with no qualification necessary. Closing date for entries will be 3 Oct 2018. Entry fees are as follows;

£50 per team

Or

£10 per individual (not to exceed £40 for 4 individuals)

Entry fees are for the competition as a whole and not per race. Cheques are to be made payable to **Central Bank ASCB**.

Eligibility

3. The Championships are open to regular and reserve personnel. Players representing unit teams are to be on posted strength from 10 Sept 2018.

4. Major units are categorised as those with more than 299 as an established strength, Minor units those with 299 or less as an established strength.

5. The Championships will be held in accordance with Federation Internationale de Natation (FINA) Laws and Technical Rules, along with the promoters (Army Swimming Union) conditions.

6. Females may not count for points in a male team and males may not count for points in a female team.

7. Units who attend the Championships must be able to field 4 swimmers to be counted as a team, a unit with less than 4 swimmers in either the male or female championships will swim as individuals.

Duty Status

8. Team Managers are reminded that all personnel taking part in this competition are required to have their details published on Unit Part One Orders.

Programme / Timings

9. The prospective timings for the programme are as follows these are estimates and are subject to change;

0800hrs – 0900hrs Registration
0910hrs – Team Captains Brief
0940 - 0955hrs – Warm up
1000hrs – Championships commence

Session 1

0940 - 0955hrs – Warm up

1000hrs – Race start

800M (Male) / 400M (Female) / 200IM (M&F races)

Session 2

1110 – 1125 Warmup

1130 Race start

200 Backstroke (M&F races) / 100 Butterfly (M&F races) / 200 Breaststroke (M&F races) / 100 Freestyle (M&F races)

1230 Lunch

Session 3

1310 Warm Up

1330 Race start

200 Freestyle (M&F races) / 100 Breaststroke (M&F races) / 100 Backstroke (M&F races) / 50 Freestyle (M&F races)

Session 4

1440 Warm Up

1500 Race Start

200 (4x50) Medley Relay (M&F races) / 200 (4 x 50) Freestyle Relay (M&F races)

1630 Presentations

10. Swimmers may take part in as many races as they wish but can only count for unit points in 3 individual races and 1 relay.

Scoring

11. The fastest time achieved will be declared the winner in each event, this may include several heats, there will be no qualification for finals.

12. Points will be awarded to the fastest 8 swimmers in each event, if there is less than 8 then points will be awarded from 8 downwards to each counting swimmer;

Note; should a tie on points occur on completion of all the events the team with the most first places shall be placed higher, should a tie remain, the team with most second places will be placed higher and so on.

Prizes

13. Team trophies will be awarded to the Winners in each of the Major, Minor and Female categories.

14. Medals will be awarded to the fastest 3 swimmers in each event.

Accommodation and Messing

15. All units are responsible for their own arrangements for accommodation and messing. Transit accommodation in Aldershot is highly likely to be limited due to the Olympic Games, teams and individuals should use the following options if accommodation is required;

- a. Tel 01252 354305 Email defence.bookings@sodexo.com
- b. Brunswick Camp Pirbright (20 mins) Bookings through Longmoor
- c. Longmoor Camp Bordon (30 mins)
Tel: 94291 3362 / 01420 483362
Fax: 94291 3453 / 01420 483453
Email: sebookings@landmarc.mod.uk

16. Team managers and individuals should use unit and personal contacts wherever possible for their accommodation and messing requirements.

17. Any problems regarding accommodation should be directed to the undersigned.

Travel

15. Travel at Public Expense for swimmers/coaches only is authorised in accordance with 2017DIN10-023. Claims may be submitted for *one journey travel to and one journey travel from the event only*.

16. Costs are to be kept to the minimum necessary to meet the requirement, with transport being shared wherever possible. Expenditure is closely monitored by the Programme Budget Wing APC Glasgow, which may challenge expenditure as appropriate

Enquiries

17. Any questions regarding this competition should be directed to the Secretary of the Army Swimming Union on 94 222 7089 or email npearce@ascb.uk.com

Signed on original

NL Pearce
Operations Manager
Army Swimming Union
For Chairman

ANNEXES

ANNEX A: **ARMY INTER UNIT TEAM SWIMMING CHAMPIONSHIPS 2018 - ENTRY PROFORMA**

Attachment: **JSP 907 - Accommodation booking request Longmoor and Brunswick**

Distribution;

Chairman

Lt Col Healey

Lt Col (Retd) Morton

Lt Col (Retd) Sippe

H McCarthy

Maj (Retd) Leaning

HQ Support Command SMI Sport

Regional G7 PD Depts

Londist G7 PD SMI

Corps Swimming Reps

Mr G Mitchell

Ms Gallop

Mrs P Josling

ARMY INTER UNIT TEAM SWIMMING CHAMPIONSHIPS 2018 - ENTRY PROFORMA

Entry Form

Entries are to be received by the closing date of 3 Oct 2018

To: Army Swimming Union
Army Sport Control Board
Fox Lines,
Queens Avenue
ALDERSHOT
Hampshire
GU11 2LB

OR npearce@ascb.uk.com

Complete in BLOCK CAPITALS

We wish to enter the subject Championships, to be held Wed 10 Oct 18 at AGSC Pool, Aldershot.

UNIT Div / District

ADDRESS.....

Swimming Officer (rank / name)

Email Telephone number Mil

RANK NAME	MALE / FEMALE	EVENTS ENTERED
PTE FISH	M	100Fly / 200Back / 200 Free / 100 Free / 50 Free / 4 x 50 Free

Please feel free to edit this form electronically, team captains will be asked to nominate their counting swimmer at the Team Captains brief at the conclusion of Registration.

Cheques (£10 per swimmer) made payable to **Central Bank ASCB**

CLOSING DATE FOR ENTRIES 3 Oct 2017