Ref: ATH/T&F/21 13 May 21

**The Army Inter Corps & Individual Athletics Championships – 15-16 Jun 21**

**Introduction**

1. In order to ensure that individuals are able to socially distance the Inter Corps and Individual Athletics Championships, will be held over the period 15-16 Jun 21 at the Military Stadium Aldershot. The RLC are lead Corps for this year and are requested to supply the manpower to assist the Army Athletics Secretary to run the event.

2. To allow social distancing all Field events less Long jump and Triple Jump will take place on Tue 15 Jun 21 and all Track events and the Long Jump and Triple Jump will take place on Wed 16 Jun 21. All competitors are to be aware that Covid 19 restrictions will still be in place and they are to ensure they adhere to all government restrictions that will still be in place. Particular attention is to be taken with social distancing measures and the need to limit numbers clustering together when not competing. The rule from 17 May 21 is no more than 30 people, but the direction from Army Athletics is to restrict gathering when not competing to no more than15.

3. **Aim.** The aim of this instruction is to detail the administration requirements of the event.

**The Competition**

3. **General.**  The aim of the Championships is to promote athletics and encourage competition between Corps. The competition will be run in accordance with England Athletics rules. All events will form part of the team competition. The programme of events is attached at Annex D.

4. **Team Size.** Each Corps may enter 1 male and 1 female team. Male teams are to enter 2 competitors in each event (A and B String) and female teams are to enter one competitor in each event. The number of events that any one member may enter is laid down in the rules at Annex E. All competitors in the Inter-Corps event will automatically be entered into the individual Championships. For all male and female track events, timings from the Inter Corps and Individual heats will be compared to decide the Individual Championships placing. The field events will combine individual entrants, not included in Corps teams, and Corps representatives.

5. **Team Declaration Proforma.** Team Captains are to complete the team sheet at Annex D and submit it to the Event Secretary at the Team Captains’ brief at 0845 on Tue 15 Jun 21 and Wed 16 Jun 21.

6. **Entry Details.** Corps wishing to enter should complete the entry form at [Annex](#AnnexD) A and forward it, to Mrs Claire Murton **no later than Fri 11 Jun 21**.

7. **Team Captains.** Each unit is to appoint a Team Captain. The Team Captains are to ensure that:

1. They complete the team declaration sheets prior to the event and handed in during the Team Captains’ brief.
2. Ensure nominated athletes turn up to their individual events in good time.

8. **Programme of Events.** The programme of events is outlined at [Annex](#AnnexE) D and may be subject to minor changes. Any such changes will be briefed by the Event Secretary during the team captains’ briefs on Tue 15 and Wed 16 Jun 21.

**Conduct of the Event**

9. **Administration.** The following administration points are to be noted.

1. **Registration.** Registration and Team Captains’ brief will take place at 0845 20/21 Jun 21 at the Military Stadium, Aldershot. The first event will start at 0930.
2. **Feeding.**  Competing units are to make their own feeding arrangements for the day of the event. Refreshments will be available for competitors to purchase throughout the day. VIP feeding will be provided for lunch.

c. **Changing facilities.** Toilets are available within the Aldershot Military Stadium but social distancing measure must be adhered to. Currently there will be no changing facilities available (this may change post 17 May 21), but all competitors should come dressed ready to compete.

d. **Medical.** A first aid kit for minor injuries will be available at the stadium. For serious injuries casualties 999 will be called.

e. **Officials/.** SSgt Wallace (RAPTC) will co-ordinate all the officials. The REME are responsible for providing a works party to assist the Clerk of the Course, the RLC Athletics Secretary is requested to confirm that the works party will be provided as they are vital to the smooth running of the competition.

f. **Athletics Equipment.** All equipment for the championships will be provided by the Army Athletics Association less pole vaults. Individuals who are participating in this event should provide their own pole. Equipment has been checked for serviceability. Equipment will be cleaned after each use to ensure the risk of infection is mitigated.

g. **Risk Assessment**. The Event Secretary will produce the event Risk Assessment (RA) this will be on display during the event.

10. **Events.** Team Captains will be briefed at registration on the running order and any changes to the programme. Adherence to timings will be vital to the success of the day.

11. **Scoring.** The scoring for the event will be briefed to all Team Captains on the day.

12. **Prizes.** Prizes (medals) will be awarded to winners and runners up in each event; team trophies will also be awarded. The medals available will be 20 for the Male teams and 12 for the Female teams. There will also be medals awarded for the first 2 individuals in both the Male and Female events. The prize-giving will be conducted throughout both days in order to minimise large gatherings of individuals, with the Oevrall Trophies being awarded at the end of Day 2. The overall winning/Running Up Team Captains will be informed ahead of the prize giving and are requested to ensure they gather their teams in a socially distanced way. Unlike other years the remaining teams are asked to depart the stadium ahead of the prizegiving to ensure we conform to social distancing requirements.

13. **Corps Representatives.** Due to the current Covid restrictions , spectators are not allowed to attend any Army sporting events, so for this year only Corp representatives will not be allowed to visit the competition.

**Accommodation**

14. Units requiring accommodation are advised that accommodation in Aldershot is currently very limited but teams are responsible for making their own arrangements, including respective messes, by contacting the Aldershot Accommodation Booking Centre on 01252 354305 or email at [defence.bookings@sodexo.com](mailto:defence.bookings@sodexo.com). Accommodation in Aldershot is scarce and is allocated on a first come, first served policy, so early booking is advised.

15. **Force Health Protection**.Due to the on-going COVID-19 restrictions, all participants should ensure they followthe current Direction & Guidance in accordance with the [Force Health Protection Instruction](https://modgovuk.sharepoint.com/teams/22008/COVID19/ResilProds/ForcePro/Forms/WiP.aspx?id=%2Fteams%2F22008%2FCOVID19%2FResilProds%2FForcePro%2FPj%5FPhoenix%5FFHPI%5FHQ%5FARMY%2DO%2Epdf&parent=%2Fteams%2F22008%2FCOVID19%2FResilProds%2FForcePro), ASCB and Government advice at all times; this includes receiving the [Force Health Protection Brief](https://modgovuk.sharepoint.com/:p:/r/teams/22008/COVID19/ResilProds/_layouts/15/Doc.aspx?sourcedoc=%7BA1A4513F-2D8C-4696-809D-D39DEBE9E982%7D&file=20200701_Returning_to_the_Workplace_Recorded_FHPB-v5_HQ_Fd_Army_O_V5.pptx&action=edit&mobileredirect=true). Attention should be paid to the following:

1. All athletes are to fully comply with Army (FHP) measures. Any unit specific or local rules are also to be adhered to.

1. Individuals should not travel if they or any of their household members are showing coronavirus symptoms or are self-isolating because a household member is showing symptoms.
2. All athletes are to attend or watch the mandatory FHP briefing. Self-certification is required. The mandatory briefing can be found above.
3. All personnel are to follow the simple guidelines below:



1. **Medical**. Anyone who is injured and cannot attend the competition should inform their respective team manager and not travel to the competition.

1. **PPE**. All personnel are reminded that their safety is paramount, and all Athletes should travel with their PPE for use in any enclosed public spaces and hand sanitisers for added protection.
2. **Risk Assessment**. All training for evening training sessions will take place in a COVID secure environment. A 5010 (attached) covers all COVID-19 and H&S aspects for the event.
3. **Social Distancing.** Whilst attending the Southern Region Championships all athletes and support staff are to ensure that when not competing, they are to adhere to the current social distancing guidelines and should not congregate in groups of more than 15 people.
4. **Lateral Flow Tests.** Whilst not compulsory it is recommended that all athletes complete a Covid Lateral Flow Test within 72 hours of the competition. No athlete that has a positive test is to attend the event
5. **Covid Declaration.** All personnel attending the event are to ensure that they have completed the Covid declaration by scanning the QR code below and completing the form.



16. A first aid kit for minor injuries will be available at the Course and the organiser is pitchside first aid qualified. For serious injuries, casualties 999 will be called. Anyone who is injured on the day is to ensure that they complete an MOD Form 510 and a copy is to be sent to the Secretary for Army Athletics.

17. All personnel are reminded that their safety is paramount and all competitors should travel with their PPE for use in any enclosed public spaces and hand sanitisers for added protection.

**Kit and Equipment**

18. All personnel are reminded that there will be no changing facilities at the event and they are to arrive ready to compete.

**Travel**

19. **Authority to travel**. All travel must be in accordance with social distancing and FHP direction. Individuals should continue to remain vigilant of their own personal safety when travelling. The direction and advice on travelling for Defence activity will be reviewed as HMG advice changes. If required, further advice on safe travel can be obtained from the appropriate departments within units. This letter is your authority to travel and is authorised at public expense in accordance with [2019DIN10-025](https://jive.defencegateway.mod.uk/servlet/JiveServlet/previewBody/332350-102-1-428174/2019DIN10-025.docx). Personnel are to use the most cost-effective (and FHP compliant) means available.

* 1. **Use of Public Transport**. Where possible individuals should avoid the use of public transport (i.e. use of buses, minibuses, coaches, trains etc.) and support social distancing rules by travelling using a privately-owned vehicle, bicycle or by walking. If public transport must be used, individuals should maintain social distancing rules wherever possible and wear a face covering, as required by the operator.
  2. **Use of Defence-Owned Vehicle or Vehicles Operated on Behalf of Defence**. Individuals should minimise the use of shared Defence-owned transport (including MT) where possible and support social distancing rules by travelling using private transport (a privately-owned vehicle, bicycle or by walking). Where the use of Defence-owned vehicles is required, it should be subject to a risk assessment and applied mitigation measures to minimise the transmission of COVID-19 for both users and passengers. The use of civilian company supplied vehicles (e.g. hire vehicles) is to be minimised to help reduce the transmission of COVID-19. If hire vehicles are required, they should be used in accordance with the company policy regarding COVID-19.

20. You are to ensure that this AI is brought to the attention of your Commanding Officer (CO) or Line Manager for approval.  CO’s are to satisfy themselves they are content for the individual to be released.

**Publicity**

21. Bdes PD Branches are requested to distribute the details of this event to units within their AOR and give this event the widest publicity.

**Photography/Personal Data**

22. During the event imagery (photographs, audio/videos, films) may be taken in order to publicise/advertise the activities of the Army Athletics Association through commercial, editorial, public relations, recruitment, on-line media and/or any other use that is not defamatory, libellous or otherwise unlawful. Individuals should be aware that they would have no claim of ownership of the imagery/audio and that they will not receive remuneration for its usage now, nor in the future and that the imagery/audio may be cropped, modified or altered, without stating an objection. Individuals that do not consent to the above are to make that fact known to the event organiser who will ensure that their image is not captured or used.

23. Personal date will be collected for this event in line with the Army Athletics Privacy Policy and will only be retained for 30 days after the event.

24. The results,image(s) and/or recording(s) will be stored securely in appropriate file formats on servers belonging to the ASCB and/or its authorised agents. Results and Images will be retained indefinitely for ASCB historical records.

25. You have the right to request any image or personal information relating to you removed at any time and this can be removed by contacting [media@ascb.uk.com](mailto:%20media@ascb.uk.com) or the undersigned.

**Your Rights**

26. You have the right to request to see a copy of the information we hold about you and to request corrections or deletions of the information that is no longer required. You can ask the University to stop using your images at any time, in which case it will not be used in future publications but may continue to appear in publications already in circulation.

You have the right to lodge a complaint against the ASCB regarding data protection issues with the Information Commissioner’s Office (<https://ico.org.uk/concerns/>).

27. **Summary**. The Inter Corps Athletics Championships will provide an excellent opportunity to enjoy a day of athletics competition. It will also serve to identify the current in form athletes for future Army level athletic squads. Any questions about the competition should be addressed to the Event Secretary Maj (Retd) John Killoran.

[Original Signed]

J Killoran

Maj (Retd)

Secretary Army Athletics

Annexes:

1. [Inter Corps Athletics Championships](#AnnexA) [2021 – Entry Form](#AnnexA)
2. [Inter Corps Athletics Championships 2021 – Team List](#AnnexB)
3. [Inter Corps Athletics Championships 2021 – Individual Entry Form](#AnnexC)
4. [Inter Corps Athletics Championships 2021 – Programme of Events](#AnnexD)
5. [Inter Corps Athletics Championships 2021 – Inter-Corps Rules](#AnnexE)
6. [Inter Corps Athletics Championships 2021 –Team Managers Brief](#AnnexE)

Distribution:

AGC Athletics Secretary\*

RE Athletics Secretary\*

RA Athletics Secretary\*

Inf Athletics Secretary \*

RAPTC Athletics Secretary\*

Royal Signals Athletics Secretary\*

AMS Athletics Secretary\*

Int Corps Athletics Secretary\*

RLC Athletics Secretary\*

REME Athletics Secretary\*

Copy to:

Director ASCB

Chairman Army Athletics

Army Athletics Team Managers

**Annex A to**

**ATH/11/21 Dated 13 May 21**

To: Claire Murton From: Name/Rank:……………………

Army Athletics Association

ASCB

Rm G23 Mackenzie Building

Fox Lines

Queens Avenue

Aldershot

GU11 2LB

**ENTRY FORM FOR INTER CORPS ATHLETICS CHAMPIONSHIPS 2021**

Corps:…………………………………………………… Men/Women’s\* Team

Address:……………………………………………………………………………………………….

……………………………………………………………………………………………………………

……………………………………………………………………………………………………………

Team Colours:………………………………………… (Vest)………………… (Shorts) …………

Sign:……………………………………………………

Print:……………………………………………………

Tel:……………………………………………………..

E-mail:………………………………………………….

Date:……………………………………………………

\*Please delete accordingly

**TO BE RETURNED NO LATER THAN Fri 11 Jun 21 EMAIL:** [**cmurton@ascb.uk.com**](mailto:cmurton@ascb.uk.com)

**Annex B to**

**Ath/11/21**

**Dated 13 May 21**

From: Name/Rank:…………………………….

**TEAM LIST FOR INTER CORPS ATHLETICS CHAMPIONSHIPS 2021**

Male/Female\* Corps Team:…………………………………………………

Team Manager:………………………………………………………………..

|  |  |  |  |
| --- | --- | --- | --- |
| **Event** | **A String** | **B String** | **Remarks** |
| **100m** |  |  |  |
| **200m** |  |  |  |
| **400m** |  |  |  |
| **800m** |  |  |  |
| **1500m** |  |  |  |
| **5000m** |  |  |  |
| **100m Hurdles** |  |  |  |
| **110m Hurdles** |  |  |  |
| **400m Hurdles** |  |  |  |
| **3000m Steeplechase (M)**  **2000m Steeplechase (F)** |  |  |  |
| **4 x 100m Relay** | **(1) (2)**  **(3) (4)** | |  |
| **4 x 400m Relay** | **(1) (2)**  **(3) (4)** | |  |
| **Triple Jump** |  |  |  |
| **Long Jump** |  |  |  |
| **High Jump** |  |  |  |
| **Pole Vault** |  |  |  |
| **Hammer** |  |  |  |
| **Shot** |  |  |  |
| **Discus** |  |  |  |
| **Javelin** |  |  |  |

**TO BE RETURNED NO LATER THAN Fri 11 Jun 21 EMAIL:** [**cmurton@ascb.uk.com**](mailto:cmurton@ascb.uk.com)

**Annex C to**

**ATH/11/21**

**Dated 13 May 21**

#### ENTRY FORM

**ARMY INDIVIDUAL ATHLETICS CHAMPIONSHIPS**

### INDIVIDUAL CHAMPIONSHIPS 15-16 JUN 21 AT ALDERSHOT MILITARY STADIUM

(Which must be completed in every detail and forwarded to the following address to arrive by 11 June 2021).

To: Secretary, Army Athletics Association

Mackenzie Building

Fox Lines, Queens Avenue

Aldershot

Hants

GU11 2LB

1. **TO BE COMPLETED BY ENTRANTS**

**SENIOR**  Male ☐ Female ☐

Service No: Rank:

First Name: Surname:

Date of Birth: Regt/Corps:

Unit Postal Address:

Mob No Unit Tel No:

2. Please enter me for the following events:

Events Best Performance \*\*\* Date

Date: Signature:

**TO BE RETURNED NO LATER THAN Fri 11 Jun 21 EMAIL:** [**cmurton@ascb.uk.com**](mailto:cmurton@ascb.uk.com)

**Annex D to**

**ATH/11/21**

**Dated 13 may 21**

**PROGRAMME OF EVENTS INTER CORPS AND INDIVIDUAL CHAMPS**

**Track**

**Programme will be issued by Fri 04 Jun 21**

**All Field Events less Long Jump and Triple Jump will take place on Tue 15 Jun 21**

**All track events, Long Jump and Triple Jump will take place on Wed 16 Jun 21**

**Annex E to**

**ATH/11/21**

**Dated 13 May 21**

**SPECIAL RULES FOR INTER CORPS ATHLETICS CHAMPIONSHIPS 2021**

1. The Championships will be conducted under England Athletics amplified by the ‘Special’ rules below.

2. The decision of the Chief Referee/Organising Secretary shall, in all cases be final.

3. In the event of any matter arising which is not dealt with in the regulations, it shall be decided by the Chief Referee/Organising Secretary, the decision shall be final.

4. All events will start at the times stated in the programme. The Organising Committee reserves the right to vary the order of the programme and delay start times of events should it be necessary. Any changes will be announced on the public address system.

5. It is the responsibility of team managers to ensure that the competitors/teams are on time. Competitors/teams not reporting on time will be disqualified.

6. Only competitors will be allowed on the track or in the arena and only for their own event, leaving immediately once that event is finished. Team managers and coaches are not to enter the central arena, particularly during the relay events.

7. Warming up and run marking must be completed before the start time.

8. The commencing height of the high jump, pole vault and the amount the bar will be raised after each round will be decided by the Field Referee.

9. Team managers are responsible for checking the points awarded to their team in each event. These points will be posted on a scoreboard as soon as possible after the completion of any event. If any error is discovered, it must be brought to the notice of the Chief Referee/ Organising Secretary.

10. If a competitor is entered in both a track and field event simultaneously, the officials concerned may allow the competitor to take his/her trials in an order different from that decided upon prior to the start of the Championships. However, the competitor cannot hold over any of his/her trials to subsequent rounds in the high jump and pole vault. The rule concerning ‘Unreasonable Delay’ will be strictly applied in all events.

11. Should 2 or more teams tie in any event, the points for their positions will be shared between them.

12. Teams not taking part in any event will score no points in that event.

13. A team disqualified in an event will score no points in that event.

14. Competitors will be permitted to use their own throwing implements. These implements must be passed by the Field Referee at least 30 minutes before the event starts. Competitors are to provide their own pole vault equipment.

15. The team with the highest points total will be the winner.

16. In all field events (less pole vault and high jump) each competitor will be allowed 3 trials. This is due to the high number of individuals that have entered the field events in recent years.

17. In the event of 2 or more teams scoring the same number of points, the order of merit shall be decided by the greater number of first places and if a tie still remains, the greater number of second places and so on until the tie is resolved.

18. The scoring for the Championships is as follows:

a. **Male**. In track and field events (excluding the 2 relays) the winner of each string will score the same number of points as there are teams competing, eg 7 teams = 7, 6, 5, 4, 3,2 and 1 point. A and B string points will be added together for a team score. In the relay events, the scores will be double points the number of teams competing, eg 7 teams = 14, 12, 10, 8, 6, 4 and 2 points.

b. **Female**. As per the men’s scoring including the relay events.

19. **Any one athlete may represent their categorised Corps in *three events and both relays, without restriction to track and field events.***

**Annex F to**

**ATH/11/21**

**Dated 13 May 21**

**TEAM MANAGERS BRIEF FOR INTER CORPS AND INDIVIDUAL ATHLETICS CHAMPIONSHIPS 2021**

1. Team managers are to report to the Organising Secretary at 0830 for briefing. Please ensure that the completed team list proforma at Annex B is handed to the Chief Recorder on arrival at the stadium.

2. All team members must wear the team letters front and back on their vests when competing. Letters and pins will be provided by the organisers.

3. Only designated areas outside the athletic track will be used for the purpose of warming up. Warming up will not be allowed on the track or centre of the arena. The officials in charge will control practise attempts for all field events.

4. It is the responsibility of respective team managers to ensure competitors report to the Chief Marshal at least 10 minutes prior to their respective event taking place or when called for by the announcer. If they have not registered for their event, they will not compete and the event/race will start without them.

5. Variations in the programme timings will be announced over the public address system by the announcer – please note any changes. Events will not be delayed if teams/competitors fail to report at the designated time.

6. It is the responsibility of the team manager and respective competitors to know the rules before their event take place – if in doubt ask the official in charge do not wait until after the event has taken place.

7. Please ensure all members of the team are correctly dressed, e.g. team tracksuit/athletic strip for the presentation of team trophies and medals at the end of the Championships. The team trophy will be presented to either the team captain or a nominated team member who is to remain with the Presenting Officer to introduce the other members of the team. All teams are encouraged to remain for the prize giving.

8. There are no trained medical staff in attendance at this event. A medical bag will be available for teams to attend to minor injuries, this will be located in the pavilion. In case of major injury teams are to call **999**. There will be iced packs available and there is an Ice machine in the Sports Lottery building, Fox lines. Please speak to the OIC event. If an injury occurs to one of your athletes it is the responsibility of the team manger to send a copy of the MOD Form 510 to AAA.

**If you have an official enquiry please speak to me and I will approach the Chief Track/Field Official.**

**The Athletics pavilion is out of bounds to all competitors except during prize giving. Only Team Managers/Capts are to approach the pavilion.**