



Welcome to the ASA Offshore Centre course and mile builder programme 2025. Telephone contact is limited, should you have any questions or need any advice on the courses we provide please see contact list below:

Chief Instructor – Phil Brown – 103abrow@csmail.mod.uk

Centre Manager – Brad Delaney – bdelaney@britisharmysport.com

ASA Office – Lisa Winchester – sailing@britisharmysport.com

OFFSHORE PRACTICAL SAIL TRAINING AND INSTRUCTOR COURSES

The ASA offers a range of RYA practical training and instructor courses. Which is right for you?

Course	<u>RYA Competent Crew</u> Basic Seamanship, Helmsmanship, Navigation and Meteorology	<u>RYA Day Skipper Practical</u> Basic Pilotage, boat handling, watch organisation	<u>RYA Coastal Skipper Practical</u> Skippering techniques and passage planning	<u>RYA Yachtmaster (Offshore)</u> Prep and Exam
Minimum Age	18 unless cleared by CI	16	17	18
Suggested pre course experience	None	5 days sea time 100 miles 4 night hours	15 days sea time (2 as skipper) 300 miles 8 night hours	50 days sea time (5 days as skipper) 2500 miles At least 5 passages over 60 miles, acting as skipper for at least two of these passages and including two of which have involved overnight passages. At least half the qualifying sea time must have been accrued in tidal waters and within 10 years of the CoC exam

Assumed knowledge	None	Navigation to Day Skipper Shorebased Standard and basic sailing ability	Navigation to Coastal Skipper Shorebased standard and sailing ability to Day Skipper Practical standard	Completion of the Yachtmaster Theory Shorebased Course. Holder of a valid First Aid Certificate Holder of a VHF/SRC Certificate (or higher)
Ability after course	To be useful member of a yacht crew	Skipper a small yacht in familiar waters by day	Skipper a yacht on coastal passages by day and night	Passing the Yachtmaster Offshore Certificate of Competence ('the examination') means that you are considered competent to skipper a yacht on any passage during which the yacht is no more than 150 miles from harbour
Course duration	5 Days	5 Days	5 Days	Prep as required (Usually 4-5 days). Exam depends on the number of candidates (Usually 2 days)

RYA Competent Crew and Day Skipper Course Dates and Fees 2025

The RYA CC-DS courses run from the AOSC. The minimum age for candidates is 18 years unless cleared by CI AOSC. The cost is £499 which covers all victualling and berthing. Wet Weather gear is also provided if required. Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking
CC-DS 01/25	08 – 09 Mar 25 14 – 16 Mar 25	2 Days (Part 1) 3 Days (Part 2)	£499	sailing@britisharmysport.com
CC-DS 02/25	07 – 11 Apr 25	5 Days	£499	sailing@britisharmysport.com
CC-DS 03/25	02 – 06 Jun 25	5 Days	£499	sailing@britisharmysport.com
CC-DS 04/25	16 – 20 Jun 25	5 Days	£499	sailing@britisharmysport.com
CC-DS 05/25	08 – 12 Jul 25	5 Days	£499	sailing@britisharmysport.com
CC-DS 06/25	01 – 05 Sep 25	5 Days	£499	sailing@britisharmysport.com
CC-DS 07/25	15 – 16 Nov 25 21 Nov – 23 Nov 25	2 Days (Part 1) 3 Days (Part 2)	£499	sailing@britisharmysport.com

Experience and Mile Builder Weeks Course Dates and Fees 2025

These courses will run from the AOSC 0830 Mon – 1600 the following Sun. The course aims to give sailors more experience at skills and drills as well as mileage building towards the next RYA qualification. The cost is £499 which covers all victualling and berthing. Wet Weather gear is also provided if required. Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking
Exp 01/25	14 – 20 Jul 25	7 Days	£499	sailing@britisharmysport.com
Exp 02/25	21 – 27 Jul 25	7 Days	£499	sailing@britisharmysport.com

Experience Weekends Dates and Fees 2025

These courses will run from the AOSC 0830 Sat – 1600 Sun. We ask you to arrive on the Friday evening prior to course, so that you can slip early on the Saturday. The course aims to give sailors more experience at skills and drills as well as mileage building towards the next RYA qualification. The cost is £199 which covers all victualling and berthing. Wet Weather gear is also provided if required. Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking
EXWE01/25	10 – 11 May 25	2 Days	£199	sailing@britisharmysport.com
EXWE02/25	01 – 02 Nov 25	2 Days	£199	Sailing@britisharmysport.com

RYA Coastal Skipper Course Dates and Fees 2025

The AOSC will be running two Coastal Skipper Courses. The course will commence at 0900 on the Monday and will run through until 1600 on the Friday. The course will teach the prospective Coastal Skipper how to carry out all of the tasks required of an RYA Coastal Skipper. There will be no moderation on the completion of the course, however a Course Attendance Certificate will be provided. The RYA/MCA Certificate of Competence examination may be arranged separately through the CI. The cost of the course will be £499 per person. Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking
CS 01/25	19 – 23 May 25	5 Days	£499	sailing@britisharmysport.com
CS 02/25	29 Sep – 03 Oct 25	5 Days	£499	sailing@britisharmysport.com

RYA / MCA Yachtmaster Prep and Moderation Course Dates and Fees 2025

The AOSC will be running a number of Yachtmaster prep courses subject to demand. These are listed below but more can be arranged if required. The courses will commence at 0900 on the first day and will run through until 1600 on the Thursday. A moderator will then join the yacht on Friday morning to carry out the assessment of the appropriate qualifications. The cost of the course will be £549 per person. A separate exam fee is payable to the RYA for candidates proceeding to moderation. Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking
YM 01/25	17 – 21 Mar 25 21 – 23 Mar 25	5 Days – YM Preparation 3 Days – Assessment	£549	sailing@britisharmysport.com
YM 02/25	08 – 12 Sep 25 12 – 14 Sep 25	5 Days – YM Preparation 3 Days – Assessment	£549	sailing@britisharmysport.com

RYA Cruising Instructor Course Dates and Fees 2025

The AOSC will be running two Cruising Instructor Courses in 2025. The course will commence at 0900 on the Monday morning and will run through until 1800 on Friday, the final day. A moderator will attend the last day. The cost of the course will be £599 per person, with the understanding that on successful completion each candidate will agree to deliver one Comp Crew/Day Skipper Cse for the ASA each year for three years. Serving military candidates may be able to reclaim the cost of the course through the ASA based on this return of service. An online assessment needs to be successfully completed prior to the start of the course. Details can be obtained from the CI AOSC. Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking
CI 01/25	21 - 25 Apr 25	5 Days	£599	sailing@britisharmysport.com
CI 02/25	27 Oct – 31 Oct 25	5 Days	£599	sailing@britisharmysport.com

RIB Experience Days and Fees 2025

The AOSC will be running three RIB experience days in 2025. The cost per person is £180. This includes lunch and short stay berthing fees. Details can be obtained from the Centre Manager AOSC. Please note that sufficient numbers are required to enable the day to go ahead.

Course No	Course Dates	Duration	Fees	Booking
RIBX01/25	07 Jun 25 – Round Island Race	1 Day	£180	sailing@britisharmysport.com
RIBX02/25	26 Jul 25 – Fastnet 100 th Anniversary start)	1 Day	£180	sailing@britisharmysport.com
RIBX03/25	Sep 25 – Date TBC – Bramble Bank Cricket Match	1 Day	£180	sailing@britisharmysport.com

OFFSHORE SHOREBASED TRAINING COURSES

The ASA offers a range of RYA and World Sailing shorebased courses for our members.

Most courses have been planned to run consecutively over 3 or 4 days where possible and the fees are as listed individually.

[RYA First Aid](#)

[RYA Sea Survival](#)

[World Sailing
Offshore Safety](#)

[RYA Diesel Engine
Course](#)

[RYA Short Range
Radio Certificate](#)

[RYA Yachtmaster
Ocean Theory](#)

RYA First Aid Course Dates and Fees 2025

Held at the AOSC the cost of the First Aid Course is £59, which includes the Certificate and a copy of the latest First Aid Manual. Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking
FA 01/25	16 Apr 25	1 Day	£59	<u>sailing@britisharmysport.com</u>
FA 02/25	06 May 25	1 Day	£59	<u>sailing@britisharmysport.com</u>
FA 03/25	04 Nov 25	1 Day	£59	<u>sailing@britisharmysport.com</u>

RYA Sea Survival Course Dates and Fees 2025

The RYA Sea Survival course is conducted at the AOSC and in the swimming pool at HMS Collingwood for the practical wet drills. The minimum age for candidates is 18 years old. The cost of the Sea Survival Course is £89. Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking
SS01/25	10 Feb 25	1 Day	£89	Sailing@britisharmysport.com
SS 02/25	14 Apr 25	1 Day	£89	sailing@britisharmysport.com
SS 03/25	03 Nov 25	1 Day	£89	sailing@britisharmysport.com

World Sailing Offshore Safety Course Dates and Fees 2025

To obtain the Offshore Safety certificate, candidates must hold a valid RYA Sea Survival Certificate which is less than 5 years old. The minimum age for candidates is 18. The cost of the Offshore Safety Course is £89. Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking
OS 01/25	15 Apr 25	1 Day	£89	sailing@britisharmysport.com

Diesel Engine Course Dates and Fees 2025

The diesel engine course is a one day course held at the AOSC. The cost of the diesel engine course is £75 which includes a certificate. Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking
DE 01/25	06 Nov 25	1 Day	£75	sailing@britisharmysport.com

RYA Short Range Radio Certificate Dates and Fees 2025

The AOSC will be running Short Range Radio Operator Courses and Assessments. Please note that the course content is online and a course completion pass must be completed prior to assessment. This online course can be accessed through the AISTC by contacting Jed Cunningham at jcunningham@britisharmysport.com or by mobile on 07516001776. Alternatively, it can be booked online through the AISTC page on this website. The cost of this online course is TBA payable to the ASA.

The cost of the Assessment is a further £76 payable to the RYA prior to the assessment. Candidates will also need to provide a passport size photograph and a separate means of photo-ID in order to obtain a Certificate should they successfully pass their assessment.

Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking
VHF 01/25 Assessment	17 Apr 25	1 Day	£TBA - to the ASA £76 direct to the RYA	sailing@britisharmysport.com
VHF 02/25 Assessment	24 Sep 25	1 Day	£TBA - to the ASA £76 direct to the RYA	sailing@britisharmysport.com
VHF 03/25 Assessment	05 Nov 25	1 Day	£TBA - to the ASA	sailing@britisharmysport.com

			£76 direct to the RYA	
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RYA Day Skipper Shorebased Theory Course Dates and Fees 2025

The AOSC will be running a Day Skipper shorebased theory course. A comprehensive introduction to chart work, navigation, meteorology and basics of seamanship. This is a 5 day course. The cost of the course is £379.

Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking
DST01/25	12 – 16 Mar 25	5 Days	£379	Sailing@britisharmysport.com

RYA YACHTMASTER THEORY COURSE 2025

The AOSC will be running a Yachtmaster Theory course. The courses will commence at 0900 on the first day and will run through until 1600 on the Sunday. The cost of the course will be £379 per person. Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking

YMT 01/25	28 Apr – 03 May 25	6 Days	£379	sailing@britisharmysport.com
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RYA Yachtmaster Ocean Theory Course Dates and Fees 2025

The AOSC will be running a shorebased Astro Navigation course. This will teach you the skills necessary to be able to use a sextant to work out your position whilst at sea. You will also learn the wider topics of ocean weather, passage planning and passage making. The 6 day course is followed by a moderation day where successful candidates will receive a shorebased Ocean Theory Course Certificate. The cost of the course is £475. Please note that sufficient numbers are required to enable the course to run.

Course No	Course Dates	Duration	Fees	Booking
YMO 01/25	01 – 06 Dec 25	6 Days	£475	103abrow@csmail.mod.uk

